

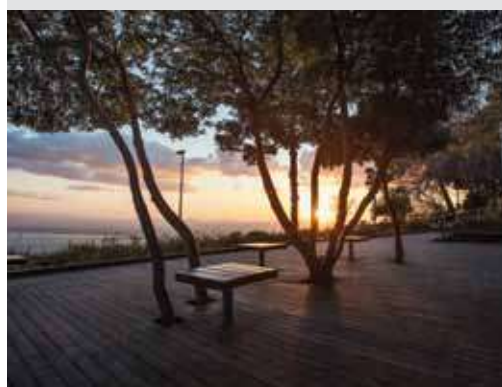


המקומות, השעמים וכל הדברים
★ ★ ★ הכי שווים בחיפה ★ ★ ★



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Welcome to Haifa The Perfect City for a Vacation

Spectacular scenery, a unique combination of the green Carmel forests, the blue sea and the long beaches, attractions like the Baha'i Gardens, Elijah's Cave and wonderful observation points. It's all here in Haifa. And that's only the start. The National Maritime Museum and the Clandestine Immigration and Naval Museum which offer an opportunity to learn about Haifa's special connection to the sea, the Israel National Museum of Science and Space, the Tikotin Museum of Japanese Art, only one of its kind in the Middle East, the Dagan Grain Silo and Museum, the Railway Museum, the Haifa Museum of Art and History of the City of Haifa Museum - all are there to enrich a holiday. When evening falls, Haifa takes on a different look with the opening of its places of entertainment - pubs and clubs along the Carmel Ridge axis, the sea front and Haifa's Lower City. Over the last decade, the Lower City has become an "anchor" for the fun-loving younger set. Street parties and performances, unique pubs and clubs featuring trendy music alongside galleries and workshops of artists come together in an experience for all the senses that cannot be easily forgotten.

Sitting in one of the recently opened restaurants, hearing the sounds of ships entering and leaving the port and the trains passing through the city, to sip a chilled beer (with something to nibble on the side) and listen to contemporary music, to take in an exhibition of giant photographs placed along the street. The big world is here - with us in Haifa. Add to all that Haifa's unique atmosphere - of tolerance and being good neighbors between all segments of the population accepted as a given here in the city, an atmosphere that's clear for all to see, and you'll understand why there's no place like Haifa for a vacation.

Come to Haifa for a holiday.

Yona Yahav
Mayor



Dear Visitors and guests, Welcome to Haifa!

Even though it's a large and modern city, Haifa exists in a synthesis between the green of the mountain and the blue of the sea, a blend of pastoral atmosphere and urban modernity.

Old and new, authentic and industrial, young and veteran, all live together in Haifa – different people from different origins with different religions, all of them living together in harmony as good neighbors.

In recent years, the city has gone up a step in everything connected with the field of tourism – the number of hotel rooms, addition and upgrading of hotels, a raised in the level of hospitality and expansion of the range of options available to visitors and vacationers.

Haifa, the show window of the North, is the right place every season of the year; it encompasses a wide range of sites and attractions, all of which blend in with the breath-taking vistas, the unique atmosphere together with a population which greets visitors with a warmth that characterizes Haifa alone.

In this pamphlet, we've collected useful material on the many possibilities offered by the city of Haifa – culture, art, beaches, sports, nature, tours, attractions, shopping, places to stay, night life, food and more.

I invite you to come to Haifa and see for yourselves the cornucopia of options that the city has to offer, then choose whatever is perfect just for you.

Yulia Shtraim
Deputy Mayor
and Chair of the Haifa Tourist Association

History

From a small Jewish settlement to Israel's third largest city, Haifa has a fascinating story: A modern city with a more than 100-year tradition of cooperative life between all religions and ethnicities.





Eastern railway station

The area on which Haifa was established has everything needed for settlement – the sea and a bay, a river (the Kishon) and a pleasant climate. Some researchers say that a community called Haifa was already present during the Persian Period, others contend that Haifa was founded in the 2nd century CE. Archaeological findings show signs of human habitation in the area much earlier,

about 3,500 years ago. Haifa began appearing as a city of shipbuilders in writings from the 11th century, although its port was small in comparison to that of nearby Akko.

From the Middle Ages to modern times

The city experienced many major changes during the Middle Ages, and was conquered

several times by the Crusaders, the Muslim armies of Salah a-Din and Beybars, the Mamluk sultan. Over the course of history, a Jewish presence managed to survive, although it did not always prosper. Under Ottoman rule the city began to emerge in its current configuration, in the area now known as the Lower City. The importance of Haifa increased both

Haifa on the axis of time

3rd century BCE

From its earliest days, Haifa was a port city. Today the port remains one of the city's symbols

During the 18th century

After attacks by pirates, the local ruler decides to build two towers guarding Haifa Port from both sides

1761

Modern Haifa begins to take shape under Ottoman rule. Dahar al-Omar, ruler of the Galilee, destroys the Old City and rebuilds Haifa from anew in the place where the current Lower City is located



Palmer Gate

economically and strategically. In the early 19th century, many Jews arrived in the city, as well as Christians including the Templers, who established the German colony, and the founders of the Carmelite order, who built the Stella Maris monastery at the summit of Mt. Carmel. In 1905 the Ottomans began operation of the Valley Train connecting Haifa with the

large cities of the Middle East and adding impetus to the city's development. In the first decade of the 20th century, Haifa had become the center of Jewish life in northern Eretz Yisrael. The members of the Baha'i religion, who were persecuted by the Ottomans, began building what today are known as the Baha'i Gardens in 1909. The Baha'i, who view Mt.



Did You Know

Kababir, Israel's only Ahmadi Muslim settlement, is located in Haifa. The Ahmadis are a Muslim sect preaching tolerance and coexistence.

19th century

German Christian Templers established the German Colony, located just below the Baha'i Gardens

1844

Demonstrating the city's famous tolerance, Haifa became home of the world center of the Baha'i religion, which grew out of the Babu faith which had broken away from Shi'a Islam in Iran

Also in the 19th century

The city expanded, partly due to the efforts of the Christian Templers and Carmelites

Carmel as a holy place, continue developing the gardens. The Baha'i Gardens and the shrine in them have become one of Haifa's principal tourist attractions, and were recognized by UNESCO in 2008 as a World Heritage Site.

In 1912, the cornerstone for the Technion Institute of Technology was laid.

The British captured Haifa in the First World War, turning the city into their main base in the Middle East. After heavy investment by the British Mandatory authorities, the modern Haifa Port was opened in 1933. An oil pipeline connecting Haifa and Iraq was opened at about the same time. In the 1930s Haifa expanded rapidly and its Krayot suburbs to the north were established. Haifa, an important base for British military activity in World War II, was bombed 10 times by Axis aircraft and attacked by an Italian submarine.

The third largest city

With the founding of the State of Israel in 1948, Haifa's population consisted of a large number of Jews and of many Arabs who remained after the War of Independence. The Carmelit, Haifa's underground railway connecting the Lower City and the Central Carmel via Hadar Hacarmel, was opened in 1959. In 1963, an academic branch was opened in the city, under the joint auspices of the Hebrew University Jerusalem and the Haifa Municipality. The branch was recognized as a university in 1972.

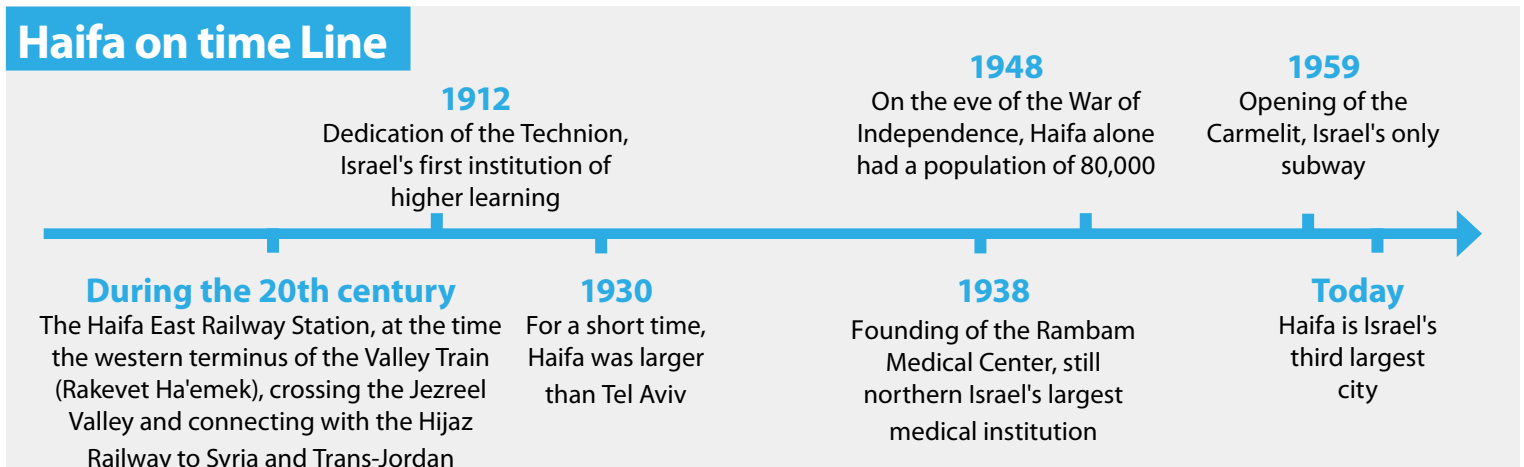
Today Haifa is Israel's third most populous city, a metropolitan area of about 1 million residents including its satellite communities. The city is the commercial, economic and cultural center of the entire northern Israel area.



Photo: Tamar Grinberg

Mifras Tower

Haifa on time Line



Attractions

It's customary to divide Haifa into several main areas, each of which has its own unique character, attractions and points of interest to attract large numbers of visitors.



The Lower City

The historic Lower City, near the Port, is Haifa's oldest area. At the foot of Mt. Carmel, it contains a string of central neighborhoods and main transportation arteries – the railroad tracks, rail stations, the commercial and passenger ports, main highways connecting northern Israel to the country's center. The Lower City is Haifa's commercial and business center, home to regional government institutions, and in recent years an entertainment center with pubs, bars, restaurants, clubs and shopping.

Complex 21 (Mitham 21), a new enterprise opened in the Lower City in 2013 in the area between Hanamal Street and Hameginim Boulevard, is now packed with places of entertainment, alternative clubs, culture, galleries, pubs, and artists and crafts shops. Even though the area has undergone renovation and a facelift, care has been taken to preserve its unique urban character and colorful nature.

As a university city, an academic complex was established on the Port Campus in the Lower City's heart, as part of the plan for rehabilitating the area. It took only a few years for the project, located near the government center and the courts behind Haifa Port, to become an economic, social and cultural engine of the Lower City. Shops, restaurants and of course the university campus can be found there, the latter in rehabilitated and restored buildings now housing the Carmel Academic Center, Tiltan College of Design and Multimedia, and student residences.

Turkish Market

The Turkish Market's name is misleading; it has no connection with Turkey. Port workers from Saloniki in Greece, who were brought to Eretz Yisrael in the 1930s to



Bat Galim Photo: Itamar Grinberg work in Haifa Port, lived on Nahum Dobrin Street in the heart of Haifa's Old City, where they founded the Turkish Market. The market, which operated into the early years of the 21st century, was moved out about a decade ago. The area has been renovated and upgraded, and is now home to restaurants, pubs and shops.

Flea Market

In contrast to other markets in Israeli large cities, there's a great deal of atmosphere in Haifa's Flea Market. Kibbutz Galuyot Street and the narrow lanes off it are filled with shops. The market mainly operates on Saturdays and Sundays, but some shops are open on weekday mornings as well, until around noontime. Bring cash, small change and a desire to bargain.

Wadi Nisnas

Wadi Nisnas is a mixed Lower City neighborhood. Founded in the 19th century as a workers' neighborhood, it has more or less preserved its identity and Mediterranean architecture over the years. On its main streets can be found the



di Nisnas Photo: Itamar Grinberg wadi's market and the Greek Orthodox St. Elijah the Prophet cathedral, the St. John's Church of the Anglicans, and Beit Hagefen, the Arab-Jewish cultural center. The Haifa Museum of Art in an impressive stone building located on the border of the neighborhood, Wadi Nisnas has many popular restaurants and well-known falafel stands, like Falafel Michel and Falafel Hazkenim. Since 1993, Wadi Nisnas has been the venue for the annual Festival of Festivals, recognizing the multicultural nature of Haifa and its population.

150 Jaffa Road

Beit Hagefen

Beit Hagefen is an Arab-Jewish center for culture, society, youth and sports. The main structure, a two-story stone building with decorated glass windows, dates back to the late 19th century. The Herziliya Hotel, opened there in 1910, was one of Eretz Yisrael's best hotels at the time. The building became the Beit Hagefen Arab Jewish Cultural Center in 1963, with the goal of promoting tolerance and coexistence between the different religions. Beit Hagefen is now a community center,

hosting workshops, study days, meetings and exhibitions.

2 Hagefen, Haifa. Tel: 04-852-5252 (multiple lines)
beit-hagefen.com

Bat Galim

Bat Galim is a large neighborhood in western Haifa, one of the few Israeli neighborhoods located directly on the seafront. One of Haifa's oldest Jewish neighborhoods, Bat Galim was planned almost 100 years ago. It developed in the 1930s, during the Fifth Aliya period, and largely retains its original character – low buildings, surrounded by many fruit trees. The Rambam Medical Center and Faculty of Medicine are located in the neighborhood, as well as the Israel Navy base, the famous exotic casino and the Technion's Faculty of Medicine. The neighborhood has two bathing beaches: The Quiet Beach (Hof Hashaket) and Bat Galim Beach, which is open to the general public. The lower terminus of the Rakevel cable car connecting with Stella Maris at the top of Mt. Carmel is situated at the end of the beachfront promenade,

Rabbi Avdimi Dmin Haifa

The name of Rabbi Avdimi Dmin Haifa, a member of the second and third generations of Eretz Yisrael's Talmudic sages, is mentioned in the Talmud. His grave, identified in Haifa's old Jewish cemetery, is a remnant of the city's distant Jewish past, was visited by travelers and pilgrims in the Middle Ages. There are still many visitors to the site, which attracts pilgrims from all over Israel.
131 Jaffa Road

Elijah's Cave

The Cave of Elijah the Prophet, located above the Bat Galim neighborhood and at

the foot of Stella Maris, is one of the area's most venerated and important sites for Jews, Christians, Muslims and Druse. Thousands of pilgrims attribute sacred and medicinal qualities to the cave, often taking oaths at the place. Muslims refer to the cave as al-Hadra, the green. The cave's walls are covered with inscriptions left there by pilgrims over the age, including one by Germanus, a Roman soldier. Some scholars postulate that in ancient times the cave served as a temple to the Oracle of the Carmel. Christians believe that Jesus and his family used the cave as a hiding place from King Herod.

**Sunday-Thursday 8 a.m.-4 p.m.,
 Friday 8 a.m.-noon.**

Bat Galim Promenade

What's more fun than strolling along the seafront? The Bat Galim Promenade, located right on the "point" of Haifa, is a focus for tourism, entertainment, hotels, restaurants and cafes – with, of course, a spectacular sea view while retaining a special atmosphere reflecting the modest character of one of Haifa's veteran neighborhoods.

The promenade is flanked by a series of historic buildings, some of them dating back to the 1920s and designated



Tip

The city can be toured on a Segway (riding can be learned in a short time) to reach attractions in downtown Haifa. segs.co.il

for preservation. Also candidates for preservation are the Washington palm trees that were planted in the neighborhood almost 100 years ago.

The Rakevel

The Rakevel cable car is an attraction that's not just for children. The line runs from the end of the beachfront promenade in Bat Galim to the Stella Maris site at the top of the mountain. It's a short 5-minute ride upward between land and sky in a car shaped like a glass bowl, with spectacular views of Haifa, the Carmel slopes, and the sea. Two-way tickets can be purchased, or it's possible to buy a one-way ride and return to sea level on foot, on a path of stairways. The descent takes about 20 minutes.

**Winter: 10 a.m.-6 p.m., summer 10-7.30. Tel: 04-833-5970, 04-853-5582,
 Admission free up to age 2.**



The German Colony Photo: Itamar Grinberg



British Military Cemetery

The British Military Cemetery in Haifa is a quiet place whose lawns are well-tended in the best British tradition. It's the burial place of soldier from all around the British Empire who were killed in the First and Second World Wars. Due to the distance from their homeland, it was decided to bury them near where they died. The cemetery was established, and is maintained by, the Commonwealth War Graves Commission, and is near adjacent to the Templer cemetery. Free admission.
50 Jaffa Road

German Colony

Haifa's famous German Colony is a popular tourist attraction. The Templers, who founded it, were members of a Protestant movement founded in southern German in the second half of the 19th century who believed that rural settlement in the Holy Land would bring the Redemption closer. Hundreds of Templers settled in villages they established in all over the Land of Israel in the late 19th and early 20th centuries. Their colony in Haifa, along what is now called Ben-Gurion Boulevard, dates back

to 1868. The Templers blended in well with life in the country, until after the rise of Nazi rule in Germany, when they were expelled by the British. The Templer German Colony in Haifa has been well preserved, as an important part of the city's history.

Templer Cemetery

Residents of the Templer Haifa community and colonies in other parts of the country, like Galileean Bethlehem (Beit Lehem Haglilit) are interred in Haifa's Templer cemetery. The cemetery contains a memorial to the Templer residents of the Jezreel Valley and an obelisk commemorating German WWI dead. Israel's reparations agreement with Germany left the cemetery in the hands of the Templers, who still are responsible for its maintenance. The cemetery is open during daylight hours. Admission is free and it can be accessed via the adjacent British military cemetery.

150 Jaffa Road

Tourist Synagogue

The Tourist Synagogue is located in a beautiful Templer building. Twice a week

during the entire year, visitors can sit together in a Hasidic gathering, listen to Hasidic tales, soul music, secrets of the Torah and Kabbalah, drink a toast and nibble on Jerusalem kugel, and request a blessing from the Lubavitcher rebbe. Charge includes a light meal.

57 Ben-Gurion Boulevard, Haifa.

Baha'i Gardens

Perhaps Haifa's most famous site. Built by the Baha'is, for whom Mt. Carmel is a holy place. The gardens are built on 19 terraces, beginning at the Carmel's foot and ending at the top of the mountain. The gardens' main axis points in the direction of Akko, a city of great historical and religious significance to the Baha'is. Located in the heart of the exceptionally well-tended gardens is the Shrine of the Bab, its golden dome recalling a scene from a fantasy film. Various sections of the gardens are separated by gravel paths, manicured hedges and flower beds lovingly tended to by a dedicated gardening team.

The gardens offer splendid views of Haifa Bay, the Galilee and the Mediterranean. It's possible to tour independently, but for a perfect experience it's worthwhile joining the free guided tours (every day but Wednesday). Reservations are not necessary.

The Baha'i Gardens are a holy place, and visitors are asked to be modestly dressed, to keep the place clean and respect its special character.

Hours: Daily, 9 a.m.-5 p.m.

The shrine and inner gardens can be visited only between 9 and noon, afterwards visitors can enjoy a panoramic view of the area and of the gardens themselves from an overlooking terrace.
ganbahai.org.il

Central Carmel

The Central Carmel is Haifa's busiest, most bustling area of residences, business and entertainment right on the Carmel ridge. The residential neighborhoods up Mt. Carmel are newer than the veteran areas of the Lower City, because new living areas were not built on the mountain's slopes, which are far from the seafront and the walled Old City, until the 19th century. In addition, the quality of roadways on the mountain were not high, and the Carmelite monks living in the Stella Maris monastery did not make passage any easier. Settlement by German Templers on the mountain in the late 19th century accelerated the area's development. The Hachsharat Hayishuv company acquired land in the area after the end of WWI, allowing it to develop the Jewish neighborhoods that are familiar today.

Stella Maris

Stella Maris (Latin for Star of the Sea), an area at the very top of Mt. Carmel, overlooks the sea. The monastery belongs to the Carmelite Order, which was founded during the time of the Crusader kingdom, by monks living in the area. The church was opened in 1836, the monastery completed in 1853. The summer palace of Turkish Sultan Abdallah, Haifa's oldest residential structure, is also located in the area. So is an observation point, with fine views of the sea and Haifa Bay, as well as the upper terminus of the Rakevel cable car connecting Stella Maris with Bat Galim below.

8 a.m. – 12.30 p.m., 3-6 p.m.,
Mondays and Fridays 8 a.m.-
6 p.m. Tel: 04-833-7758. Free
admission.

Louis Promenade

The promenade, built in 1992 along the

length of Yefe Nof Street, follows the Carmel ridge for 400 meters. Great views of Haifa Bay and the North, all the way to Rosh Hanikra on the Lebanese border. Some call the Louis Promenade Israel's most beautiful promenade. Attractions on it include the Dan Carmel Hotel's Rondo circular restaurant, an observation terrace, the Yefe Nof gardens and the Kaiser's Obelisk, erected in honor of German Kaiser Wilhelm II and his wife in 1898.

Moria Axis

Always crowded and vibrant Moria Boulevard is the Central Carmel's main street, running between it and the Horev Center. Encouraged by the Haifa Municipality, the Moria axis has evolved from a quiet residential area to an area of evening entertainment, with restaurants, cafes, pubs and night clubs that attract revelers from all over the North.

Cinematheque

The Haifa Cinematheque in the Central Carmel auditorium complex, one of the city's principal cultural centers and one of its oldest, was founded in 1975. Since 1990, the Cinematheque has been the venue for popular Rockkolnoa events -- featuring lectures, film screenings, clips and live rock group performances -- which are now staged one every two weeks.

142 Hanasi Boulevard, Sunday-
Thursday 9 a.m.-9 p.m., Fridays
and holiday eves 9 a.m.-1 p.m.
haifacin.org

Hadar Hacarmel

Hadar Hacarmel is Haifa's main and most concentrated residential area, including several neighborhoods on the stairways that connect the Lower City and the Carmel. The area expanded in the 1920s, turning



Tip

Wadi Nisnas can be reached by descending on the steps connecting the Carmel and the Lower City, while enjoying the magnificent view of the bay and the Baha'i Gardens.

it into the city's urban, commercial, legal, educational and cultural center. The Haifa Municipality has taken steps to restore the areas central and important role in the life of the city. In addition to Hadar's Bauhaus buildings, it is home to the original building of the Technion Institute of Technology building, which has been turned into the Science Museum, the famous Reali School and the Municipality building.

Gan Binyamin

Gan Binyamin is Israel's first public park, established in 1923. A coffee shop at the edge of the park was the place where residents would come in the morning for a cup of coffee and a newspaper, and on evenings for dance parties. Over the years the cafe closed and the park entered a state of decline, until its renovation in 2005. Since then it's been the venue for cultural events during the summer months.

Free admission

Beit Pevzner

Beit Pevzner and its library, the largest in the city, are Haifa historical sites. Founded in 1932 next to Gan Binyamin, it served as the municipal library. At the beginning of 1933, land buyer and bookseller Binyamin ben Yisrael Berstein bequeathed his collection of about 10,000 works, to the Haifa public. The collection later became the basis for Haifa University's library.
54 Pevzner, Haifa. Sunday-
Thursday 8.30 a.m. - 6.45 p.m.,
Friday 8.30 a.m.-6.45 p.m.



**Did You
?Know**

Four of the six stations of the Carmelit, Haifa's subway, are located in the Hadar neighborhood.

Haifa Theater

Israel's first municipal theater. Founded in 1961 at the southern edge of Gan Binyamin, next to the Pevzner Library, a major magnet for Haifans and residents of the region. Every year since the 1980s, the Haifa Festival of Children's Theater has been held at the theater during the intermediate days of Pesah.

50 Pevzner. Tel: 04-850-5000.
ht1.co.il

Talpiot Market

A varied market, restaurants and food shops, offering visitors a rich and exciting experience. Open evenings during the summer months. Chef Vered Padan's cooking and hospitality studio, located in the center of the market, offers cooking workshops, meals and a tasting tours. Sirkin Street Monday-Thursday 7 a.m.-7 p.m., Sunday and Friday 7 a.m.-4 p.m.

New Commercial Center on the Mountain

The New Commercial Center, built between Herzl, Bialik, Hehalutz and Shapira streets

in 1932, was designed to move moving business and commercial activity from the Lower City to Hadar Hacarmel. The complex consists of several buildings surrounding a central courtyard that's hidden from the street. Today one of Haifa's historic buildings.

Nordau Pedestrian Mall (Midrahov)

The Nordau Pedestrian Mall, on a main street of Hadar, is in effect Haifa's first such mall. Many buildings in the International Style (Bauhaus), which were built in the 1930s. In the past, the street was a commercial and entertainment center, with many shops, cafes and restaurants. Nordau was a successful mall in the 1980s; the municipality is currently attempting to restore that status by renovating buildings, cultural and art events, and street festivals.

Haifa Great Synagogue

Despite its image as a secular workers' city, Haifa has its share of a religious population. The Great Synagogue was built at the end of Nordau Street in 1937. There's an elegant Torah ark, a wood-covered prayer area

where prayers are conducted daily. In the entrance area there are arches, tablets of the Law, and a pair of (stone) lions.

Masada Street

A pleasant and relatively quiet thoroughfare, with pearls of architecture and many special cafes and restaurants spread along its length. Though the old character of the city has been preserved, the street in recent years has turned into a lively entertainment hub, especially in the evening. The population is mostly young including many students. The street is connected to Samuelov and Matityahu by the famous Haifa outdoor stairs.

Mosque in Kababir

The Jama Sayyaduna Mahmoud (Our Lord Mahmoud) mosque is located in the Kababir neighborhood of Haifa, which was formerly a village, on Mt. Carmel. Muslim residents of the place are affiliated with the Ahmadiyyas, a relatively modern sect that espouses tolerance and brotherhood. The mosque, which has two 35-meter towers and can be seen from a distance (including the Coastal Highway) is a relatively modern structure, built in 1979. The view of the Mediterranean Sea down from is spectacular, especially at sunset.

A full-page background image showing several sailboats racing on a choppy blue sea. The sailboats have white sails with red and blue markings, including the letters 'ISR' and numbers like '52458' and '20682'. In the background, a densely built city is visible on a hillside under a clear sky. A large white arrow points from the bottom left towards the center of the image.

Sports and Beaches

Haifa is a city rich in exciting beaches and a well-tended seafront promenade packed with restaurants and various public facilities for enjoying a variety of sports activities



Gorgeous beaches Photo: Itamar Grinberg

Bathing Beaches

Dado Zamir Beach

The longest promenade runs alongside this beach, running for 2 km between the northern end of Dado Beach and the southern end of the Carmel Beach. Along the promenade there are cafes and restaurants, benches, seating areas, a dance floor and an amphitheater for summer events, sports and games corners and a shallow pool for small children.

Location: Southern entrance west of the Kanion Haifa shopping center. Southern entrance, via the Maxim petrol station, west of the intersection, via the sea.

Public transport: All buses reaching the Carmel Beach (Hof Hacarmel) central station.

Israel Railways: Hof Hacarmel station.

Disabled: A designated area next to the northern Dudu Beach lifeguard station, including reserved parking, dressing rooms, toilets and showers suited for disabilities. In addition, easy access via a sloping entrance to the beach.

Carmel Beach

Shaded promenade, beach kiosk, restaurants and places of entertainment (in the passage, and Hof Hacarmel Hotel). Free parking south of the beach, benches, seating areas, corners for sports and games. This beach has a breakwater providing partial protection from the waves and enabling comfortable swimming.

Location: West of the Neve David neighborhood, and the foot of the Hof

Hacarmel (Carmel Beach) towers.

Access: Southern entrance-- West of Kanion Haifa intersection, west on Andrei Sakharov Street to Dereh Hayam intersection. Northern entrance – via Maxim petrol station.

Public transport: Buses that stop on the main highway near the Neve David neighborhood or the Hof Hacarmel towers. Sherut taxis. There's a bridge from the Neve David neighborhood across the Tel Aviv-Haifa highway and steps leading directly to the bathing beach.

Bat Galim Beach

A pedestrian promenade along the length of the beach with cafes, restaurants, surfing and diving clubs, seating areas and areas for sports and play. A breakwater assures calm



Surfers Beach (Hof Hagolshim) Photo: Itamar Grinberg

waters for easy swimming most days of the year. A considerable number of surfers can be seen. Free parking.

Location: North of the Bat Galim neighborhood, along Retsif Pinhas Margolin Street, beginning at the naval base and ending at the foot of the cable car, where the wind surfing pier is located.

Access: Eastern entrance- from Ha'aliya Hashniya Street through Charles Lutz Street along the wall of the naval base; Western entrance – from Ha'aliya Hashniya Street via Bat Galim Avenue.

Public transport: Bus lines 40 or 41.

Quiet Beach (Hof Hasheket)

Usually seen as the country's quietest beach due to breakwaters creating a pool effect. Separate days for Orthodox public,

open Sundays, Tuesdays and Thursdays to women, Monday-Wednesday-Friday to men, mixed on Saturdays and holidays. Shaded huts along the beachfront, benches, sitting areas, kiosk and restaurant. Paid parking.

Location: Haifa Bay, near the Port.

Public transport: Bus lines 40 or 41 or any line reaching the Bat Galim central bus station. Short walk to beach through the tunnel.

Students Beach (Hof Hastudentim)

One of Haifa's most popular beaches with young people in particular. Lots of leisure-time activities, among them shows and performances, events like Youth City and Students Day, and large-scale beach parties. There are fitness facilities, and

a commercial vehicle serving as a kind of shopping center, and a relatively new lifeguard station.

Location: Hof Hacarmel junction, 400 meters from the promenade's end.

Kiryat Haim Beach

Well-maintained promenade with kiosks, restaurants and snack bars, free parking, shaded huts, plaza for summer events, seating areas and grills. Separate area for the religious public, designated hours for men and women, mixed bathing on Saturdays and holidays.

Location: Western Kiryat Haim

Access: North from Truman Street and Kiryat Yam. East, Degania Boulevard.

Surfers Beach (Hof Hagolshim)

Surfers Beach, a section of the Bat Galim Beach, is touted as one of the best places to surf in the entire Middle East. It's Haifa's only beachy to face north, a fact that makes its winds and currents especially strong and ideal for surfing. During the year, it's the venue for national surfing competitions. Location: Hubert Humphrey Street, entering from the Bat Galim Beach. Special characteristics: Important for wind, kite and wave surfing.

Backdoor Beach

Exclusively for experienced surfers, who go there in winter for the southerly winds. Access: Via Bat Galim promenade. Additional facilities: Parking, showers, restaurants.

Diving

Despite its reputation as an industrial city with pollution from factories, Haifa is rich in spectacular diving site – historic locations, stunning natural reef, relatively recent shipwrecks.

Wreck of the Scire (Shira)

Remains of Scire, an Italian submarine sunk by the British in 1942, lie at a depth of 32 meters, about 11 km from shore in the middle of Haifa Bay. The wreckage attracts divers and is where Shayetet 13, the Israel Navy's elite commando unit, trains. Sea animals and fish now reside in the wreckage.

INS Miznak

The Miznak, an Israel Navy Saar-2 class missile boat, sank in 1998. The wreckage, at a depth of 32 meters, is located 3 km from Dado Beach. Wreckage has been scattered over the sea floor by storms and currents, but divers report abundant sea life, including coral formations, in the area.

INS Arlozorov

The Arlozorov was on its way to Israel with a cargo of refugees when the British intercepted and sunk it facing Bat Galim Beach. The wreckage, 10 meters below the surface, is recommended for beginners and free divers. It's near an Israel Navy base, so prior approval is required.

The Turkish Ship

One of the Mediterranean's most beautiful night diving venues. Just a kilometer from the shore at a depth of 13 meters. The



Photo: Itamar Grinberg



(?) :Sammy Ofer Stadium | Photo

wreckage, carried by currents, broke up on a rocky formation in the late 1980s. Rich with maritime life.

The Steamship

Remains of an Italian steamship, about a kilometer from shore, at a depth of 13 meters. Southwest of the lower terminus of the Rakevel cable car. Nice, easy diving, suitable for all skill levels.

Sports

Water sports aren't all Haifa offers. There are other possibilities as well.

Football (Soccer) – Sammy Ofer Stadium

Sammy Ofer Stadium, Israel's newest and most modern football facility, meets UEFA's stringent Standard 4 regulations and can host games in any European framework. One of the city's top attraction, the stadium has 30,000 seats.

📍 2 Rutenberg, Haifa. Tel: 04-300-2302. haifa-stadium.co.il

Maccabi Sports Club

The Maccabi complex has two covered pools, a toddler's pool, exercise room, wet and dry saunas, Jacuzzi, basketball gym, activities hall and large expanses of grass. Swimming school for all ages offers special tutoring for outstanding youngsters. Water for all pools is heated with environment-friendly, non-polluting solar energy.

📍 2 Bikurim, Mt. Carmel. Tel: 04-838-8341
7 a.m.-10 p.m. Sunday-Thursday, 7 a.m.-5 p.m. Fridays, Saturdays and holidays.
maccabi-club.co.il

XPARK – Extreme Sports

Huge action complex covering 13,000 sq.m. Facilities, at Haifa's southern entrance, including snappeling, Olympic climbing wall, rope bridge park, Giant omega, paintball complex, synthetic turf mini-football pitch. All ages. Free parking.

📍 Congress Center, Kdoshei Yassi Street, southern entrance to Haifa.

Tel: 1-599-52-44-0. xpark.co.il

Tennis Center

Founded in 1982, the center has 20 courts, a 500-seat stadium, two training walls, exercise room, showers and dressing rooms, library, sporting goods shop, snack bar and coaches' room.

📍 2 Tzviya VeYitzhak, Kfar Zamir, Haifa southern entrance. Tel: 04-852-2721. tennis.org.il

Skimulator

Professional ski-training facility, conditions similar to snow. Practice and training for skiers and snowboarders. Suits beginners and advanced.

Kfir Building, Checkpoint Industrial Area.
📍 Opposite Strauss building.
Tel: 04-622-2055. skimulatolr.co.il

Surf Club

Club and school for surfers operated by active athletes who've turned surfing into a way of life. Group courses, SUP and kite surfing, summer youth camps.

📍 www.surfclub.co.il Tel: 04-855-0183

Kahuna Surf Club



Volleyball on the beach | Photo: Itamar Grinberg

Sea and extreme sports club at the Kahuna Beach, next to the Meridian Hotel. Surfing classes, SUP rowing, surfing summer camps and even the option of experiential birthday parties.
 📍 10 David Elazar, Tel: 054-773-3599. kahunasurfclub.co.il

CrossFit Health Clubs

Unique CrossFit health clubs' system combines all elements of physical fitness – weightlifting, ground exercise, exercise machine. Only official CrossFit outlet in Haifa and the North, one of CrossFit's largest Israeli branches.
 📍 3 Tsipora Zeid Street. Tel: 054-022-1822. crossfithaifa.co.il

Hutzot Hamifratz Bowling

20 bowling lanes for the entire family, two halls for events, children's games, snack bar, bar and restaurant. Professional equipment. Beginners instruction, tournaments.
 📍 6 Hahurshot, Hutzot Hamifratz. 10 a.m.-11 p.m. daily. Tel: 04-840-2706, 04-840-2888. haifabowling.co.il
Carting Hutzot Hamifratz

Motor park located in the Hutzot Hamifratz Junction (formerly called Vulcan Junction), covers about 4 dunams. Professional carting track for adults, separate track for children 9-12. Paintball, archery, children's bicycle track.
 📍 Hutzot Hamifratz. Daily 11 a.m.-midnight, including weekends. Tel: 04-850-1060.

Romema Arena

5,000-seat professional basketball arena used by Hapoel Haifa and Maccabi Haifa teams games and practice, plus other sports events – team handball, volleyball, gymnastics, arena soccer football. Also venue for entertainment and cultural events, among them Hebrew Book Week, concerts and dance performances.
 📍 69 Pika Road, Romema Tel: 04-825-6290

Neve Sha'anani Stadium

Located near the Technion, the stadium is the home of all athletics/track and field sports in Haifa and northern Israel. Professional running track, jumping pits, discus and shot put.

900 seats, plentiful parking, dressing rooms.
 📍 Neve Sha'anani Tel: 04-823-3955.

Haifa Sportan

Country club on 27 dunams (6.75 acres), 2 swimming pools, squash courts, tennis courts, basketball and mini-football, grassy lawns, amusement area. Spa rooms, hot/cold saunas, Jazuzzi, exercise room, sports shop, beauty salon.
 📍 1 Tzvia Veyitzhak.
 Sunday noon-11 p.m., Monday-Thursday a.m.-11 p.m., Friday-Saturday 6 a.m.-6 p.m. *6669 Tel: 04-852-9611. sportan.org.il

Holmes Place Haifa

One of eight Holmes Place chain premium locations. 1,600 sq.m. Aerobics, weightlifting, snapping room, studio for varied activities, boxing, Powerplate machines and more.
 📍 4 Fliman Street, Haifa Mall. Sunday and Tuesday 6 a.m.-11 p.m., Monday-Wednesday-Thursday 7 a.m.-11 p.m., Friday 7 a.m.-5 p.m. Tel: 04-850-0980.



Art

Haifa is experiencing an artistic renaissance, evidenced by the number of galleries and museums featuring a wide palette of artists from those at the start of their careers to well-known practitioners. All express the city's very special character.





Reuven Hecht Museum

Haifa Museum of Art

One of Israel's three largest art museums, the Haifa Museum of Art is located in Wadi Nisnas, on the seam between Muslim, Jewish and Christian neighborhoods.

Exhibits include contemporary works by artists from Israel and the world, including works from the museum's own rich collection and group exhibitions on specific subjects.

📍 26 Shabtai Levy, Sunday-Wednesday 10 a.m.-4 p.m., Thursday 10 a.m.-8 p.m., Saturday 10 a.m.-3 p.m. Tel: 04-911-5911 hma.org.il

City Museum

The Haifa City Museum, a museum of history, is located in a German Colony complex incorporating some impressive Templar buildings: Beit Ha'am, the first Templar structure built in the Land of Israel, and the Templar school. The museum itself is a captivating voyage to a modern, Mediterranean city, beginning in the 18th century, developing into a cosmopolitan, multi-ethnic city and then, in our day, to a "red" city of workers and Israel's northern metropolis.

📍 11 Ben-Gurion Boulevard, Sunday-Wednesday 10 a.m.-4 p.m., Thursday 4-7 p.m.,

Friday 10 a.m.-1 p.m., Saturday 10 a.m.-3 p.m. Tel: 04-911-5888, www.hcm.org.il

Tikotin Museum of Japanese Art

The Tikotin Museum of Japanese Art's expansive collection of 7,000 modern and tradition items of Japanese art includes paintings and prints, ancient illustrated books, old swords and various other articles. Located on the upper slopes of Mt. Carmel, it's the only museum of its kind in the Middle East.

📍 89 Hanassi Boulevard, Sunday-Thursday and Saturday, 10 a.m.-7 p.m., Friday 10 a.m.-1 p.m. Tel: 04-828-5334, tmja.org.il

Mane Katz Museum

Located on Yefe Nof Street, in a building with a grand view of Haifa Bay connected to the artist which was his summer home for the last five years of his life. Changing exhibitions deal with Jewish art in the modern and contemporary periods. During the summer months, a cafe which opens on the terrace is considered one of Haifa's finest observation points.

📍 89 Yefe Nof Street. Tel: 04-911-9372. Sunday-Wednesday 10 a.m.-4 p.m., Thursday

10 a.m.-5 p.m., Friday 10 a.m.-1 p.m. Saturday 10 a.m.-3 p.m. mkm.org.il

Hemann Struck Museum

Hermann Struck (1876-1944) is regarded as one of Germany and Israel's most important print artists. His works include an abundance of works on paper, mostly portraiture and landscape. His elegant home, which combines European and Eastern elements, was designed by famous architect Alexander Berwald. The building was renovated in 2013 and opened as a museum. Changing exhibits focusing on various aspects of Struck's work and the arts of printmaking, demonstrations of printmaking and workshops and courses on the subject.

📍 23 Arlozorov. Tel: 04-912-2390. Sunday-Wednesday 10 a.m.-4 p.m., Thursday 4-7 p.m., Friday 10 a.m.-1 p.m. shm.org.il

National Maritime Museum

Dedicated to the origins of shipping in the Mediterranean basin and Haifa's connection with the sea. 500 years of history and maritime architecture, enabling visitors to learn about and view ancient ships, anchors, docks and other archaeological artifacts, among them

gold coins, mosaic floors, tools and works of art. Also exhibitions dealing with a variety of topic centering on the sea and its surroundings: Piracy, Jewish shipping, measuring and navigational implements, and cartography, taking in ancient maps and charts, Greek and Roman sculpture, and more.

📍 189 Allenby Boulevard, Tel: 04-853-6622. Sunday-Wednesday 10 a.m.-4 p.m., Thursday 4-7 pm., Friday 10 a.m.-1 p.m., Saturday 10 a.m.-3 p.m. mmm.org.il

Reuven Hecht Museum

Located in the main building of Haifa University, the museum displays archaeology artifacts connected with the culture and materials connected with various periods in Eretz Yisrael's early history. Two principal collections, of coins and of seals from the Bible period, among the most important in the fields. The permanent exhibition emphasizes the Phoenician contribution to architecture and port construction, and an exhibit focusing on seven ancient crafts and industries. One major attraction: a 2,400-year-old boat found at Kibbutz Ma'agan Michael. The art wing contains works beginning from the 17th century, with emphasis on Jewish artists in Paris and on the Impressionists.

📍 Haifa University, 199 Abba Khoushy Boulevard. Tel: 04-825-7773. Sunday, Monday, Wednesday, Thursday 10 a.m.-4 p.m., Tuesday 10 a.m.-7 p.m., Friday 10 a.m.-2 p.m. Free admission.

Munio Gitai Weinraub Museum of Architecture

Film director Amos Gitai established the museum, first of its kind in Israel, in the memory of his father, architect Munio Gitai

Weinraub. The museum, in the latter's Central Carmel studio, features annually changing exhibitions on Israeli and international architecture, and is the venue for various events.

📍 135 Hanassi Boulevard, Central Carmel. Tel: 04-871-2311. Tuesday-Wednesday 10 a.m.-1 p.m., Friday-Saturday 11 a.m.-2 p.m. www.muniogitaimuseum.com

Israel Railways Museum

Milestones in the history of public transportation in Eretz Yisrael, including connections with neighboring countries, are on display. The museum is located inside an operating rail station (Turkish Haifa East), whose activity contributes to the experience of a visit. A collection of renovated rail cars and steam engines inside stone buildings dating back to the Ottoman period, displays of timetables, tickets, photographs and artwork dating back to the inauguration of the country's first rail line in 1892.

📍 1 Hativat Golani. Tel: 04-856-4293. Sunday-Thursday 8 a.m.-4 p.m.

Clandestine Immigration and Navy Museum

The struggle to immigrate to Eretz Yisrael in 1934-48 and the story of those clandestine immigrants and the Jewish Yishuv under the British Mandate is recalled with documents, newspaper clippings, photographs, audio-visual displays and films. Routes of immigrant ships and views of what transpired on their decks can be followed on a computerized display. The famous Af Al Pi Hen ship is on display, with an accompanying audio-visual presentation. The area under the vessel tells the story of the struggle against the British and describes how the immigrants lived in

internment camps on the island of Cyprus. Prominent exhibits: part of the prow of the Patria, an immigrant ship that sank at the entrance to Haifa Port. Considerable attention is also devoted to the Israel Navy, at least partly because its roots go back to the clandestine immigration effort. In the museum's courtyard, the bridge of Dakar -- the Israel Navy submarine lost en route to Israel on its 1968 maiden voyage at 3,000 meters and retrieved 31 years later -- is on display. Important replicas include Exodus, the legendary immigrant ship.

📍 204 Allenby Road, Tel: 04-853-6249. Sunday-Thursday 10 a.m.-4 p.m. navy.idf.il

Beit Dagon Museum

The museum -- an integral part of the Beit Dagon granary, named for the Canaanite god of crop fertility -- tells the story of grain harvests. It contains a variety of objects and implements connected with the processing of grains and their storage -- millstones, baking ovens from the period of the Kings, Roman milling implements.

📍 75 Ha'atzmaut, Tel: 04-866-4221. Tours at 10.30 Sunday-Thursday.

Ancient Castra Museum

The Castra Center at the southern approach to Haifa, is built on the ruins of the ancient city of Castra, an active commercial, artistic and cultural center in Byzantine times. "Rescue excavations" conducted by the Antiquities Authority during construction of the Carmel Tunnel transportation project uncovered fragments of glass vessels and other artistic items from the period, which are on display at the center alongside modern art and rotating exhibitions. The visitor is surrounded in every direction by stunning wall paintings.



Tikotin Museum



National Maritime Museum



Beit Hagefen

📍 9 Fliman Road (southern entrance to Haifa).
Tel: 04-859-0000. www.castra.co.il

Shaar Shalosh Gallery

A gallery shop in the Lower City, supported by the Haifa Municipality sells works of local artists without adding on seller's commission. Artistic and cultural activities, including rotating exhibitions, lectures, film screenings, Arabic and yoga classes, and more.

📍 2 Palmer Gate. Tel: 04-625-2844. Tuesday 11 a.m. - 2 p.m. and 5-10 p.m., Wednesday 11 a.m. - 2 p.m., Thursday 6-9 p.m., Friday 11 a.m. - 2 p.m., Saturday noon-3 p.m.

Hanevi'im Heder Avoda (Work Room)

Hanevi'im Heder Avoda is a place for studying and making art. The weekly schedule is composed of lessons in drawing, painting, sculpture, photography and printmaking, in addition to which there are lectures, evenings of film screenings, and workshops. The place is based on the connection between artists, focusing on physical works in the studio more than on concept, all in the format of a school. Teachers are all active artists from different disciplines.

📍 21 Ma'alot Hanevi'im. Check Facebook page (Hanevi'im Heder Avoda) for schedule of

events or call 052-379-0415.

Grand Art, Gallery in Shopping Center

A gallery open every day of the week during the hours that the shopping center where it is located, plus free admission. The gallery's curator, Shirley Meshulam from Haifa, mounts exhibitions that are thought-provoking and challenging, mostly by local artists.

📍 Grand Kanion Shopping Center, third floor. 54 Simcha Golan Road. Tel: 04-812-1111. Sunday-Thursday noon-10 p.m., Friday 10.30 a.m. - 1 p.m.

Chagall Artists House

Artists House was founded in 1954 by the artists and sculptors association. It hosts one-man and group exhibitions, international shows and the production of catalogs and periodicals. There are also artist dialogues, chamber music concerts and more.

📍 24 Hazionut Boulevard. Tel: 04-852-2355

Beit Hagefen

A Jewish-Arab cultural center dedicated to local, Middle Eastern and international art, multiculturalism and dialogue. The gallery works to create partnership, to initiate and encourage projects and creation of significant

works alongside alternative activity for various segments of the population. About five exhibitions a year, including the Holiday of Holiday festival spreading into the public areas of the Wadi Nisnas neighborhood and Arab Culture Month, providing a stage for Arab artisans and artists. A few steps up the mountainside is Artists House, whose sculpture garden leaves little doubt as to the building's significance.

📍 2 Hagefen. Tel: 04-852-5252 beit-hagefen.com

Hanemala

On Tuesdays, there are model evenings at Shahar Sivan's studio (on the roof in summer). Artists by profession or in their souls are cordially invited.

3 Hanamal. Tel: 057-567-0505. Advance reservations required.

Assaf Gallery

A magnet for artists and creative people and collectors. At the gallery one can purchase art, hold a solo exhibition, study various artistic techniques or embark on a gallery tour.

📍 20 Khouri. Tel: 052-347-0222. Monday-Thursday 11 a.m. - 5 p.m., Friday-Saturday 11 a.m. - 4 p.m.



Culture

Haifa, with its more than 35 cultural institutions, revels in an abundance of leisure-time cultural activities, a municipal theater, symphony orchestra and plenty of festivals.



Cinematheque Photo: Itamar Grinberg

Cinema and Theater

Haifa Cinematheque

The Haifa Cinematheque is synonymous with quality and an intimate atmosphere. It screens about 400 feature and documentary films from Israel and abroad each year. Also: dozens of pre-premiere screenings, meetings with producers and an assortment of programs, including retrospectives, the British Cinema Season, Brazilian Festival, Israeli Experience, the Classical Corner, lectures open to the public and more.

📍 142 Hanassi Boulevard, Haifa.

Tel: 04-833-8888. haifacin.co.il

Cinema Cafe Amami

Cinema Cafe Amami operates every day of the week in the old Technion building in the Neve Sha'anani neighborhood. The cinema has two auditoriums for 180 viewers, digital projection and peripheral sound. There's a cafe on the site and numerous cultural events, adding up to a quality neighborhood movie-going experience.

📍 99 Hagalil, Neve Sha'anani, Haifa. Tel: 04-832-5755. cinemacafeamami.com

Haifa Theater

"Theater creates change" is the Haifa Theater's slogan. Israel's first municipal

theater, it was founded in 1961 by Abba Khoushy, the legendary mayor of Haifa, it was also first to establish a marketing system of subscriptions designed to build a connection with the population and expand the city's cultural infrastructure. The Haifa Theater encourages all aspects of theatrical activity, serving as both a home and a starting point, supporting new plays and working with playwrights at the start of their careers. The theater takes an active part in city life, maintaining a dialogue with Haifa's Arab population and encouraging cultural coexistence. In addition to in-house productions, subscribers enjoy selected productions from all over Israel, for audiences of all ages.

📍 50 Pevzner. Tel: 04-860-0500. ht.co.il

Yes Planet

Yes Planet operates in the Cinemall shopping center at the Lev Hamifratz junction, offering a rich moviegoing experience in its 23 movie halls and four luxurious VIP auditoriums. A huge variety of films is available daily on giant screens with state-of-the-art projection and sound systems and extremely comfortable seating.

📍 55 Hahistadrut Boulevard, Cinemall Shopping Center, Lev Hamifratz.

Tel: 04-841-6898. yesplanet.co.il/haifa

Globus Max

Located in the Grand Kanion Shopping Center, the Globus Max cinema has 17 lovely auditoriums for watching films on three levels, including five halls with Gold Class hospitality and Dolby Atmos, the world's most advanced sound system. The cinema complex offers a view between the mountains and a comprehensive menu of cinema for all ages, all without having to go outside the city.

📍 54 Simcha Golan Road, Grand Kanion. globusmax.co.il

Teatron Hazafon (Theater of the North)

Founded more than two decades ago, Teatron Hazafon has built a central role in Israeli culture for itself, with 30,000 subscribers and a rich and varied repertoire. The stage of the well-designed theater is appropriate in size for large plays and giant productions. 1,100 seats, abundant parking, easy access, an elegant lobby, cafeteria and more. The finest plays and productions from Israel's top theater companies – including Habimah, the



Haifa Symphony Orchestra | Photo: Itamar Grinberg

Cameri, Beit Leissin and Gesher – appear before residents of Israel's North.

📍 41 Belinson, Kiryat Haim. Tel: 04-881-4814. teatron-hazafon.co.il

Al-Karama Theater, Beit Hagefen

The Beit Hagefen Arab-Jewish Cultural Center believes in cooperative, egalitarian creativity. In doing so, it provides the framework for the al-Karama Theater, Israel's oldest theater, founded over 40 years ago. Over the years, the theater has produced and staged a large number of plays, emphasizing productions for children and youth. Its repertoire includes works by Arabs and Jews, from Israel and other parts of the world, and classic plays.

📍 2 Hagefen, Haifa. Tel: 04-851-5133. beit-hagefen.com

Studio Theater

Studio Theater is a creative home for original theater, an alternative in Haifa for fringe theater, the young and the young at heart. Dozens of plays, stand-up performances, rich and diverse music, improvisation, poetry evenings and more. Acting workshops for adults, young people and children.

📍 142 Hanasi Boulevard, Beit Hecht

(Rothschild). Tel: 04-818-100104. hastudio-tr.co.il

Bayit 9

Haifa's Bayit 9 School of Puppetry, Theater, Dolls and Acting is guided by its slogan "Puppets teach us." Beyond its role in training puppet theater practitioners, creative artists and instructors, Bayit 9 is home to a theater for fringe productions, offering innovative theater experiences and communicating to audiences in a rich theatrical language. Range of productions is aimed for the entire family and for grown-ups.

📍 69 Hanamal Street. Complex 21. Tel: 052-389-7487. bait-9.com

Music

Haifa Symphony Orchestra

Founded in 1950 by composer-pianist Frank Pelleg and violin teacher Zvi Rotenberg, the Haifa Symphony Orchestra is an integral and important part of northern Israel's cultural life. Pelleg served as musical director for a decade, and George Singer was its permanent conductor. The orchestra reorganized in 2004 at the initiative of

Haifa Mayor Yona Yahav. Ownership of the orchestra changed from a private company to a subsidiary of the Haifa Municipality named ATOS, an acronym for "the Company for Art, Culture and Sport." The orchestra's main activity is in the city of Haifa, but it also appears elsewhere in Israel. In addition to its regular schedule, the orchestra plays on Friday mornings in the Friday Classic series and concerts with explanations for the entire family, concerts in schools, outdoor concerts and concerts for voluntary organizations, celebrations and festivals around Israel. The orchestra's 65 members include young and experienced older musicians, new and more veteran immigrants and musicians who grew up in Israel.

📍 The Haifa Symphony performs at several venues around the city. Tel: 04-835-3508. haifasympphony.co.il

Festivals and Annual Events

International Film Festival

The Haifa Film Festival, held every year during the intermediate days (Hol Hamoed)



Haifa Theater

of Sukkot, attracts 300,000 visitors. The first of its kind in Israel, it was founded in 1983. About 280 international and new Israeli films are screened each year, in addition to three highly-regarded competitions and other cinema-related events. Emphasis at the festival is on pluralism, coexistence and the quest for peace.
haifaff.co.il

Children's Theater Festival

The Haifa International Children's Theater Festival has been taking place every year for over two decades, during the intermediate days of Pesah, at the Haifa Theater. Audiences number in the tens of thousands, in a cultural experience enriching both parents and children. Dozens of children's plays from Israel and abroad, in auditoriums, at street performances and a variety of events, some free. There are also workshops, story hours and other fun things to do.

📍 **Festival venues:** Haifa Theater (50 Pevzner Street, Tel: 04-860-0500); Hadar Community Center (29 Yerushalayim); Auditorium Complex (138 Hanassi); Lower City complex (69 Hanamal).
haifakids.co.il

Holiday of Holidays

December weekends see colorful happenings in Wadi Nisnas, the German Colony and the foot of the Baha'i Gardens marking the three holidays -- the Jewish Hanukka, Christian Christmas and the Muslim Id al-Adha (Feast of the Sacrifice). The unique Holiday of Holidays, in existence for over two decades, is a symbol of coexistence and tolerance between Haifa's various religious communities. A main theme is chosen each year. There are many artistic events, a giant antiques fair, food stands, parades, folklore and dance performances, musical events including some in churches, children's shows, guided tours, all in a unique atmosphere. No charge for some activities.
haifahag.com

Ir Habira (City of Beer) Festival

Every year in late August the Ir Habira Festival comes to the southern approach to the city, near the Congress Center. Two days of appearances by leading Israeli artists, plus beer and food stands. The celebration of Israeli rock, sponsored by the brewers of Goldstar, has been going on for more

than 20 years. For age 18 and over, free admission.

Ir Hanoar (Youth City)

At the end of the summer school holidays, young people from 13 to 18 flock to Haifa for the Ir Hanoar events. Since 1988, the municipal youth council has been organizing youth events in Haifa's southern coastal strip: street performances by top Israeli artists, a stage for young talents, DJ, photography and extreme sports facilities, mall area, food and clothing stalls. From late afternoon into the small hours of the morning.

Tel: 04-833-8888 or 106

Tzubahutz

Tzubahutz, a mass street party has been held in Haifa for the past decade during the intermediate days (Hol Hamoed) of Sukkot. Every year a different major traffic artery is closed off to vehicles for a huge street party with the participation of local businesses, residents and visitors from all around Israel. Live performances on a large stage built for the event, food and beverage stands set up along the street and the main event, a dance party continuing deep into the night.



Culinary

The ethnic diversity of the city's fabric is translated into fusion dishes and strong flavors influenced by the world's cuisines and served against a magical backdrop

Hadar Neighborhood

Hadar is one of the largest neighborhoods in Haifa, if not in Israel. It's an eclectic collection of streets and areas with a heterogeneous population where you can find everything – every kind of food shop and eating place, mainly cafes in the upper section, a wide range of food stands and ethnic restaurants in the wadi.

Cafes

Tee Pool Cafe

The place hasn't been just a coffee shop for a long time, it's a neighborhood and artistic meeting place. Ordering one of the toasts of Barak, the owner, is recommended.

📍 1 Masada. Tel: 050-677-0772. Sunday-Thursday 8 a.m.-2 a.m., Friday 8 a.m.-5 p.m., Saturday 6 p.m.-2 a.m. Live blues Sunday evenings at 8.

Doobie's

Vegan cafe, live performances. Go for the hummus and the nachos dipping meal.

📍 16 Masada. Tel: 058-555-4980. Daily 10 a.m.-2 a.m.

Masada Coffee Shop

A veteran underground cafe that's morphed into an institution and symbol of the street. Regular meeting place for neighborhood residents who open and close their days with a coffee.

📍 16 Masada. Tel: 052-657-3973. Daily 8 a.m. to the last customer.

Cafe Rai

This happy place overlooks Balfour Street, providing an ideal opportunity to keep up to date with what goes on in the neighborhood. The focaccia and the arayes, a pita stuffed with ground meat, are recommended.

📍 2 Hillel. Tel: 077-604-080. Daily 8 a.m.-1 a.m.

Alika

The place for a political "parliament," poetry evenings and high-class discussions. Go for the Arab salad and the labane, which are the freshest of the fresh.

📍 4 Masada. Tel: 04-864-3274 Daily 8 a.m. to the last customer.

Cafe Hapina (Corner Cafe)

A spacious and pleasant corner cafe at the end of Masada Street. Hosts exhibitions and jazz performances. Try the quiches and the



home-made cookies, from a recipe of the owner's grandmother.

📍 43 Masada. Tel: 04-627-5846. Daily 7.30 a.m.-midnight.

Puzzle Cafe

Oldest cafe on the street and meeting place for the local LGBT community. Excellent toasts and milkshakes.

📍 21 Masada. Tel: 04-866-0879. Sunday-Friday 8 a.m. to the last customer, Saturday noon to last customer.

Abajour

Sanctuary for those seeking escape from the bustle of Masada Street. If you're looking for a cooked dish, order the mejadara or heshawa

📍 47 Hillel. Tel: 04-851-3338. Sunday-Friday 7 a.m.-midnight, Saturday 10 a.m.-midnight.

Restaurants

Inside Out

Masada Street's democratic sushi, where you can put together a roll to satisfy your heart's desire. Also worth it for the design, and the vinyl records covering the walls.

📍 19 Masada. Tel: 04-862-2262. Daily noon-midnight.

Smoke House

Where else can you find Texas-style meats,

soaked with love and moonshine, corn whisky distilled on the spot? Arrive hungry.

📍 23 Balfour. Tel: 074-701-2202 Daily noon-midnight.

Mimino

Area residents' preferred Georgian. The kachipuri and florescent green taragon drink or one of their amazing soups. Pleasant atmosphere, reasonable prices.

📍 85 Arlozorof. Tel: 04-811-3399. Daily 11 a.m.-11 p.m.

Bakeries

Condituria Geula Zishinsky

Small pastry shop on Geula Street, popular with the ultra-Orthodox community. Worth a visit for rugelah and strudel on Fridays.

📍 21 Geula. Tel: 04-862-1784. Monday-Wednesday 10 a.m.-1 p.m., Wednesday-Thursday 9 a.m.-1 p.m., Friday 7 a.m.-1 p.m.

Condituria Leibel

Yehuda Leibel has run the place for well over 45 years. He learned the craft from the legendary Kestler, one of the country's first pastry chefs. Fruit cakes, particularly the apple, are the best buy. And apricot cake – it shouldn't be missed.

📍 8a Arlozorov. Tel: 04-67-4002. Sunday-Thursday 7.30 a.m.-7 p.m., Friday 7.30 a.m.-4 p.m.

Central Hadar

Cafes

Cafe Alexandra

Order Cafe Royale here. Kitchy 80s design rules here, and it's a place to order fruit shakes, pastas and cakes.

📍 2 Haim Weizmann. Tel: 04-862-5505. Daily 8 a.m.-9 p.m.

Hauga (The Cake)

Small, solid bakery with tremendous eclairs and dreamy krantz cake. The atmosphere invites you to sit for an hour, away from the street's pandemonium.

📍 14 Herzl. Tel: 04-866-6925. Sunday-Thursday 7 a.m.-8 p.m., Friday 7 a.m.-start of Shabbat.

Torta

Coffee shop not far from the Haifa Museum of Art, with another branch in Akko. Lovely design, full of light and breathing space, wonderful terrace and fantastic beverages.

📍 13 Shabtai Levi. Tel: 054-780-6444. Daily 9 a.m.-10.30 p.m.

Restaurants

Hamisada shel Ima (Mama's Restaurant)

Eat Ethiopian food here and decide if you're a devotee of the genre. Daily specials, served with a smile.

20 Hanevi'im. Tel: 050-852-6549. Sunday-Friday 10 a.m.-midnight, Saturday 4 p.m.-midnight.

Leon and Yozji

Romanian grill. You don't find restaurants like this anymore. When was the last time you ate perfectly grilled brain?

📍 31 Hanevi'im. Tel: 04-867-5073. Sunday-Thursday 10 a.m.-7 p.m., Friday 10 a.m.-4 p.m., Saturday 10 a.m.-midnight.

Talpiot Market and Surroundings

Talpiot

Talpiot Market's first hamara. Dishes change according to demand on that day. Best to order Georgian dishes at midweek, tapas on Fridays.

📍 28 Sirkin. Tel: 04-699-2296. Sunday-Wednesday and Friday 7.30 a.m.-6 p.m., Thursday 7.30-11 p.m.



Studio of Cooking and Hospitality

Chef Vered Padan's charming corner in the center of the Talpiot Market. Well-designed, pleasant space with a happy, colorful and lively market atmosphere. Padan serves market meals to managers, cooking workshops for staff, togetherness days, tasting tours of the market and more.

📍 28 Sirkin. Tel: 04-824-7876, 04-524-7876. Sunday-Friday 9 a.m.-9 p.m.

Hamahbesa

One of the most pampering places in town, where they'll do your laundry and ply you with reasonably priced food and drink. Eyal and Ron are ready to improvise outside the extensive menu, making everything themselves – including the bread, focaccia and pizza.

📍 45 Hehalutz. Tel: 077-526-2715. Sunday-Thursday 9 a.m.-10 p.m., Friday 8 a.m.-5 p.m.

Artichoke

The treasure concealed in this small, hidden-away place: EVERYTHING is vegan! Highly recommended: One of the sandwiches of the day, wonderfully prepared by Inbal or Gur.

📍 27 Sirkin. Tel: 04-605-1831.

Sunday-Wednesday 8.30 a.m.-7 p.m., Thursday 8.30 a.m.-11.30 p.m., Friday 8.30 a.m.-5 p.m.

Talpiot Brewery

In the midst of the multiple boutiques that have opened in the market in recent years, Talpiot Brewery and its home-made beer stand out. Menu is simple, light and fun. Most relaxing of all is sitting there on a Friday afternoon over a glass of beer, after all the shopping is done, and "wiping" a plate of hummus.

📍 27 Sirkin (right next to Artichoke). Tel: 054-437-4861. Sunday-Thursday, and Friday 9 a.m.-4 p.m., Thursday 9 a.m.-11 p.m.

Bakeries

Beit Hama'afia

Small stand at the Talpiot Market's entrance. The place's pride are the fresh piroszki prepared on the spot, there's also food that's fresh and ready to be taken home. Beginning with fresh Soviet-style salads, to meatballs and cooked dishes like pilov, kasha and stuffed cabbage. Service is always polite and smiling, prices are absolutely laughable.

📍 10 Yehiel. Tel: 054-759-6664. Sunday-Thursday 7 a.m.-6 p.m., Friday 7 a.m.-1



שיפוּדֵי סַבִּיחַ

p.m.

Ma'afiat Lehem Eynaim

The bread is made using the slow fermentation method, making for much easier absorption by the body. Beyond that, it's absolutely delicious and there's a danger that you may not be able to stop eating it.

📍 21 Sirkin. Tel: 052-465-3399. Sunday-Monday and Wednesday-Thursday 8 a.m.-6 p.m., Tuesday 11 a.m.-6 p.m., Friday 8.45 a.m.-3 p.m.

Wadi Nisnas

The Wadi Nisnas area contains a large market covering two parallel streets selling food, spices, household utensils. In the market itself, which general closes down at about 4 p.m., there are falafel stands, four restaurants and a nargila cafe. The surrounding area contains other restaurants, food stores, butcher shops, bakeries, shuwarma stands and bakeries.

Street Food**Shuwarma Emil**

There are those who insist it's Haifa's best shuwarma joint. Trying yourself is the only way to verify the claim.

📍 18 Hawadi. Tel: 04-851-709. Monday-Saturday 10 a.m.-5 p.m.

Falafel George

If you look into Falafel George, you can get a ball of falafel. That ball's likely to convince you to order an entire portion.

📍 26 Yohanan Hakadosh. Tel: 050-289-0589, 04-852-1987. Monday-Saturday, 8 a.m.-5 p.m.

Falafel Michel

Offering falafel that's light-colored and delicate in the Lebanese style, and is reputed to be one of the city's uncontested kings of falafel.

📍 21 Hawadi. Tel: 04-851-7504. Monday-Saturday 8 a.m.-7.30 p.m.

Falafel Hazkenim

Veteran falafel named for the couple that managed it. Everyone entering the door receives a falafel ball dipped in tehina, strong and dark.

📍 18 Hawadi. Tel: 04-851-4959. Monday-Saturday 8 a.m.-7.30 p.m.

Sandwich Bracha

Bracha will spoil you with fresh, delicious sandwiches. Even if you've got a fear of spiciness, you must let Bracha put some of her spice mix in your sandwich.

📍 12 Shabtai Levy. Tel: 04-852-4394. Sunday-Thursday 8 a.m.-6 p.m., Friday 8 a.m.-3 p.m.

Shuwarma Ghanem

The long lines are the best possible evidence of the shuwarma's quality. Always generous with the meat. Finger-licking good.

📍 41 Allenby. Tel: 04-851-4581. Daily 10 a.m.-11 p.m.

Restaurants**Nadima**

Nadima is famous for her stuffed vegetables. One of the best-known places in the market, no visit to Wadi Nisnas is complete without a visit.

📍 37 Yohanan Hakadosh 37. Sunday-Thursday 6 a.m.-3 p.m., Friday-Saturday 6 a.m.-5 p.m.

Victor Hadayag

The place for lovers of fresh fish. At Victor the Fisherman's, they'll make extra sure you don't leave hungry. Recommended to select the sea fish that left the water a few hours earlier.

📍 30 Hawadi. Tel: 04-855-2301. Monday-Saturday noon-6 p.m.

Ein el-Wadi

A beautiful, well-designed restaurant in the heart of the wadi, serving Lebanese-style cooked dishes. Portions are generous, service is excellent.

📍 27 Hawadi. Tel: 04-855-3353. Sunday 8 a.m.-5 p.m., Monday-Saturday 10 a.m.-10 p.m.

Matar

Restaurant operating in the wadi for many years. Owner Matar Matar rises early to prepare the hummus by himself and offers palate-pleasing dishes including stuffed vine leaves, kube and more.

📍 24 Hawadi. Tel: 04-851-7137. Monday-Saturday 7 a.m.-4 p.m.

Hummus Allenby

Every real Haifan knows this modest hummus joint, where you can "wipe" some hummus and enjoy the finest flavors of the Mizrahi kitchen. The hummus and stuffed veg are the place's pride, but the moussaka we tasted there was simply unforgettable.

📍 43 Allenby. Tel: 04-852-9928. Monday-Thursday and Saturday 7 a.m.-9 p.m., Friday 7 a.m.-4 p.m.

Sweets**Conditoria Hamizrah**

Baklava, knafe and atayef, washed down with a glass of sourish lemonade.

📍 34 Allenby. Tel: 04-852-3652. Daily 8 a.m.-midnight.

Abdal-Hadi

Abd al-Hadi's baklava and fatayer are feasts to the eye and the palate. Recommended: fatayer of sweet cheese.

📍 3 Shihada Shalah. Tel: 04-852-1905
Daily 9 a.m.-10.30 p.m.

Lower City

Haifa's renewal area. There's an abundance of pubs, restaurants and galleries all day long. There's no shortage of places to eat cheaply and quickly in the Lower City, together trendy restaurants and eateries offering fine meals in an atmosphere suitable for an entire evening's entertainment.

Street Food

Abu Hani

For more than 40 years, the tempting fragrance of shuwarma and falafel rising from the place witness the fact that everything is fresh, and made with a large helping of love.

📍 6 Eliyahu Hanavi. Tel: 050-727-0149.
Sunday-Friday 8 a.m.-6 p.m.

Yaakov Kebab

Yaakov himself, who's warm and generous, is to be found on the spot. Of course, try the kebab!

📍 10 Moshe Aharon. Tel: 04-864-0885.
Sunday-Thursday 10 a.m.-4.30 p.m.

Hummus Faraj

They've been preparing wonderful shuwarma and thick hummus here for over 40 years. The cooked red bulgur dish is also recommended.

📍 29 Hameginim. Tel: 04-862-1276. Daily 7 a.m.-7 p.m.

Hummus Abu Shaker

Student favorite. The place for lovers of lemony hummus.

📍 29 Hameginim. Tel: 054-446-6181.
Every day 6a.m.-6 p.m.

Hummus Fadi

Fadi, the owner, once owned the Fine Club restaurant in the Carmel Forest. Go for the mahlouta (hummus-ful), the chips with somek, and the omlette.



פיצה לינגה

📍 4 Habankim. Tel: 04-853-0531. Sunday-Thursday 7.30 a.m.-4 p.m., Friday 7.30 a.m.-3 p.m., Saturday 8.30 a.m.-5 p.m.

Falafel Paris Square

Known as Falafel Boris, for Boris, who came here, prepared falafel and decided to stay.

📍 18 Natanson, Paris Square. Tel: 054-782-7288. Sunday-Thursday 9 a.m.-5.30 p.m., Friday 9 a.m.-3 p.m.

Pizza Linga

Excellent pizza, rock-bottom prices. Delivery service within a limited area (Hadar, Lower City, Kiryat Eliezer, Bat Galim)

📍 40 Yafo. Tel: Sunday-Wednesday noon-1 a.m., Thursday-Friday noon-3 a.m., Saturday 10 p.m.-1 a.m.

Bakeries

Cafe Sami

Open more than 40 years. Fresh black coffee, ground fresh several times a week. They'll always welcome you with a cup.

📍 90a Haatzmaut. Tel: 04-851-4403.
Sunday-Thursday 8 a.m.-3 p.m., Friday 8 a.m.-2 p.m.

Gideon Bakery (Gaoni?)

The tiny bakery has been operating for almost 100 years. Mangold (swiss chard) fatayer pastries, tiny pitas and baked dinghys filled with cheese, sausage and peppers.

📍 4 Eliyahu Hanavi. Tel: 04-866-4816.
Sunday-Friday 6 a.m.-5 p.m.

Spira

Meringue dogs are the trademark of Spira, which has been around since Israel's 1948 War of Independence. A special atmosphere with baked goods as they once were. Go for the truffles, the cremeschnitt and the sabrina.

📍 19 Yafo. Tel: 04-852-4186. Sunday-Thursday 5 a.m.-5 p.m., Friday 5 a.m.-4 p.m.

Cafes

Cafe AVA in the City

Cafe AVA has been roasting coffee blends and providing them to coffee shops, restaurants and private groceries for over 70 years. Recommended: The bagel with lox and of course the coffee.

📍 51 Ha'atzmaut Road. Tel: 04-864-0192.
Sunday-Thursday 6.30 a.m.-5 p.m., Friday and holiday eves 6.30 a.m.-1.30 p.m.

Cafe Shani

The cafe has been operating for 50 years, and since then has expanded into a national chain. Go for the small pastries, which became the place's trademark long ago.

📍 53 Ha'atzmaut Road. Tel: 04-864-1056.
Sunday-Thursday 5.45 a.m.-5.30 p.m., Friday 5.45 a.m.-2.15 p.m.

Palmer Cafe

A place for meeting, leisure or work for residents of the Lower City and their associates.

📍 Tel: 052-546-7197. Sunday-Thursday 7 a.m.-11 p.m., Friday 7 a.m.-5 p.m.

Boston George Cafe

Boutique cafe in the heart of the Turkish Market. Place's pride is the rich and original dessert menu. Go for the Creme Brulee with whipped Armana cherries.

📍 6 Kehilat Saloniki. Sunday-Thursday 8 a.m.-midnight, Friday noon-midnight, Saturday 5 p.m.-midnight.

Workers' Restaurants**Hama'agan**

Veteran restaurant serving several versions of fish dishes. For real seafood lovers. Don't miss the fish cakes and fish moussaka.

📍 16 Natanson. Tel: 04-866-6386. Sunday-Friday 11 a.m.-5 p.m.

Eduardo's

The young and colorful design does its job, the leisurely feeling rules. The best of Argentine cuisine served here.

📍 37 Ha'atzmaut. Advance reservations only. Tel: 077-404-4175 or 050-217-2707.

Chang Ba

A worker's restaurant specializing in upgraded East Asian street food at reasonable prices. Try the sum tam salad and the Gang Numi Gan, a green curry dish in coconut milk with eggplant, broccoli and basil.

📍 23 Hanamal. Tel: 04-672-2892. Sunday-Friday noon-4.30 p.m. and 6-10.30 p.m.

Ma'ayan Habira

Much has been written about the place. We won't add a word except Costitza! Chopped liver! Dumplings!

📍 4 Natanson. Tel: 04-862-3193. Monday-Wednesday-Friday 10 a.m.-p.m., Tuesday 10 a.m.-11 p.m., Thursday 10 a.m.-10 p.m.

Mamaliga

A happy Romanian restaurant that's full of folklore. Live Romanian music Tuesday evenings beginning at 6, Kabbalat Shabbat on Fridays and grilled meat on Saturdays.

📍 1 Habankim. Tel: 04-852-0544. Daily noon-5 p.m. OTHER HOURS MISSING?

Meir's Ptiliot

Even though it's new, it's a nostalgic restaurant where the food is cooked on kerosene burners, like in the old times. Generous portions of couscous, stuffed vegetables and kubbeh, with black bread and various salads. Closes when the food runs out.



זברה

📍 7 Palyam Blvd. Tel: 04-67605655. Sunday-Thursday 11 a.m.-4 p.m.

Fine Dining**Rola**

Rola and Mo'in succeed in exciting even the customers with the most experience in the Arab food genre. Their hummus is simply a work of art. Ordering the fattah al-mokdus is highly recommended.

📍 33 Hanamal. Tel: 04-838-3866. Monday-Saturday noon-midnight.

Sangria

A European and tapas fusion restaurant with strong and precise flavors, accompanied by charming and dedicated service. One of the best places in town to eat.

📍 4 Moshe Aharon. Tel: 077-377-1067. Sunday noon-4 p.m., Monday-Thursday noon-4 p.m., 6-10 p.m., Friday-Saturday 10 p.m.-1 a.m.

Venya

A great deal has been written about this special bistro, the porchetta, marrows in yogurt, ceviche and veal sweetbreads (when available).

📍 1 Palmer Gate. Tel: 04-671-6272. Sunday-Thursday noon-1 a.m., Friday-Saturday 1 p.m.-1 a.m.

Hanamal 24

A veteran prestige chef's restaurant. Difficult to find service of its level in all of Israel.

📍 30 Hanamal. Tel: 077-552-0401. Sunday-Thursday 10 a.m.-10 p.m., Friday 10 a.m.-start of Shabbat.

The Carmel and Surroundings

The German Templers discovered the Central Carmel before everyone else, and perhaps because of their influence the Carmel neighborhoods overflow with cafes and pastry shops in the finest Austrian-German tradition. But more than just coffee and cakes can be found here, there are also pubs, restaurants, and street food, like falaffel, sabih and shuwarma.

Street Food**Shipudei Sabih**

The kebab is prepared here by hand. There are also skewers of chicken, liver, hearts, meatballs, and spleen over hot coals.

📍 6 Yehoshafat, Neve David. Sunday-Thursday 5.30-10 p.m.

Hamahane Steak House

40 years of Iraqi home cooking. Among other things kubbeh cooked in soup, Iraqi kebab, special eggplant and wonderful home-made mango-based amba.

📍 4 Hezkiyahu, Neve David. Tel: 04-837-0579. Sunday-Thursday 9 a.m.-8 p.m.

Cafes**Heine French Carmel**

The younger sibling of Heine Kioscafe, a little before the turn to French Carmel from Hatzionut Street/Hanassi Boulevard. A quiet branch with a family atmosphere.

📍 1 Hayovel corner Tchernikovsky. Tel: 04-838-1010. Sunday-Thursday 7.30 a.m.-midnight, Friday 7.30 a.m.-6 p.m.,

Saturday 8 a.m.-midnight.

Heine Kioscafe Dereh Hayam

Another sibling of the original Heine Kioscafe, which itself is located in Central Carmel.

📍 68 Dereh Hayam, Western Carmel. Tel: 838-1010. Sunday-Thursday 7 a.m.-11 p.m., Friday 7 a.m.-7 p.m., Saturday 8 a.m.-midnight.

Santa Maria

A cafe that will arrange a short visit to Vienna. We recommend the cakes and the special cooked food, including sausages and smoked meats.

📍 110 Stella Maris Road. Tel: 053-934-5558. Sunday-Thursday 8 a.m.-11 p.m., Friday-Saturday 8 a.m.-midnight.

Restaurants

Zebra

Local food with a French touch. In addition to the food, the place hosts musical performance and art exhibitions. The gratin and Tare Tatin are recommended.

📍 39 Tzchernikovsky, French Carmel. Tel: 077-321-2290. Monday-Saturday 9 a.m.-midnight.

Shawantina

Meat and seafood restaurant with a lot to offer vegetarians as well. Royal spread of salads, great view of the bay. High-class service.

📍 100 Stella Maris, French Carmel. Tel: 053-944-2932. Sunday-Saturday noon-midnight.

Artist's Kitchen Universal Style

Haifa native Erez Golko serves Mediterranean food in his residence facing the magical view of Haifa Port. Excellent ingredients from the Wadi Nisnas neighborhood, the place where he feels most at home.

📍 Details and reservations at 052-377-7955 or Erez Golko on Facebook.

Central Carmel and Surroundings

Street Food

Sabih Falafel Eyal

A small stand selling sabih in the finest tradition. A genuine oasis in a sabih-poor city like Haifa

📍 Moria corner of Safririm.

Sunday-Thursday 10 a.m.-10 p.m., Friday 10 a.m.-3 p.m.

Bourekas Ha'agala

Branch of the Lower City's legendary Bourekas Ha'agala. Familiar to all Haifa's revelers who close the night with hot bourekas. A hard-boiled egg with the bourekas is a good idea.

📍 52 Moria. Tel: 04-838-8662. Daily 8 a.m. until the last customer.

Falafel Hanasi

The first to begin with special extras and addictive sauces like chimichuri, sabih sauce and green tehina.

📍 135 Hanasi. Tel: 04-538-5859. Sunday-Thursday 10.30 a.m.-11 p.m., Friday 10.30-4 p.m.

Sandwich Bar

Classic sandwiches for the revelry crowd. We recommend a sausage sandwich with imported hard cheese, washed down with an icy yellow, pink or mixed-color slushie (barad in Hebrew).

📍 128 Hanassi. Tel: 04-810-3103. Daily, 24/7.

Makom Me'urav

Carmel types also deserve a place for food you stand up and gobble while the tehina drips down. Makom Me'urav does that with charm. Go for the me'urav Yerushalmi (Jerusalem mixed grill). Guaranteed!

📍 130 Hanassi Boulevard. Tel: 04-837-6000. Sunday-Wednesday 11 a.m.-1 a.m. Thursday 11 a.m.-3 a.m., Friday 11 a.m.-4 a.m., Saturday 11 a.m.-2 a.m.

Sandwich Savta (Granny's Sandwich)

Tiny snack bar became a Haifa institution long ago, so much that there's also a Tel Aviv branch. Ideal for grabbing a bite on Friday.

📍 2 Tzafririm. Tel: 04-810-1117. Sunday-Thursday 9 a.m.-11.00 p.m., Friday 9 a.m.-4:30 p.m., Saturday noon-11.30.

Cafes and Bakeries

Cafe Louise

First branch of the Cafe Louise chain, where the trend of very tasty healthy food all began. Don't pass on the shakes, on the rice pages dish and the herbed breads.

58 Moria. Tel: 04-834-9950. Daily 7.30 a.m. until the last customer.

Gal's Bakery

Specials

📍 Parliaments Outside Neighborhood Cafes

"Parliaments" of the past which still exist here and there in Haifa are beginning to disappear in favor of neighborhood cafes. A parliament can still be seen at Spira, Haogen, Cafe Kitza and Conditory Tibi on the Camel. Today almost every neighborhood has its own "local" cafe. Carmel has Heine Kioscafe and Denia Hipushit Bkafe.

📍 Bakeries

Haifa always was a superpower of bakers, cakes and cookies. The way up from the Lower City to the Carmel heights was paved with all kinds of sweets. Worth mentioning are Cafe Shani, Spira, Ma'afiat Gideon, Shemo, Tibi, Silva on Horev and Pie in Denia, Gal's Bakery and Ziv.

📍 Romanian Restaurants

Immigrants from Romania was one of Haifa's dominant communities. Due to them, the city enjoys an abundance of excellent Romanian restaurants, including Yonak, Mamaliga, Habanera, Nosh, Leon and Yozji and Ma'ayan Habira

📍 Groceries and Gourmet Food Shops

Evidence of the abundance of feinsmekers (German: gourmet) in Haifa can be found in the number of gourmet shops: two branches of Suidan in the Lower City and Wadi Nisnas; Yerakot Gan Hameleh in the Lower City; the Special Reserve wine shop; Marcel, for meat and cheese; Hapetizer spice shop, which recently opened a deli as well, Yossi Makolet in the Turkish Market; Cafe Hawadi and Cafe Haifa in Wadi Nisnas selling fine coffee, halva and tehina; and the Ma'adaniat Simha in Central Carmel.

📍 Shuwarma, Falaffel and Hummus

Haifa has preserved the delicate balance between three kinds of the most Israeli street food. Each genre has a fair and varied representation in the city.

The wonderful terrace justifies a visit to Gal's Bakery all on its own. Add excellent baked goods and great coffee and there's no reason in the world to go anywhere else.

📍 31 Hanasi. Tel: 04-838-2928. Sunday-Thursday 5 a.m.-10 p.m., Friday 5 a.m.-3 p.m.

Heine Kiosk

Nir Shovar, a genius with the soul of a child, established the neighborhood cafe a few years ago, reincarnating the legendary kiosk that stood next to Gan Shmuel. Pizzas and trays of fruit, plus cava for grown-ups.

📍 3 Heinrich Heine. Tel: 04-838-1010. Sunday-Thursday 7 a.m.-10 p.m., Friday 7 a.m.-7 p.m., Saturday 7 a.m.-10 p.m.

Shtayim Sukar (Two Sugars)

Informality is the byword at this tiny cafe, where lots of neighborhood residents drop in to eat and drink wearing their bedroom slippers. The service always comes with a smile, the emphasis can be expressed in one word -- home.

📍 1 Kadima. Tel: 04-810-4014. Sunday-Friday 7 a.m.-midnight., Saturday 8 a.m.-midnight.

Brussels Cafe

A corner of European sinfulness on the Carmel ridge. Come for the excellent cakes, stay for the rest of the menu.

📍 13 Moria. Tel: 04-811-0138. Sunday-Thursday 8.30 a.m. to last customer, Friday 8 a.m. to last customer, Saturday 9 a.m. to last customer.

Tibi

A Haifa institution, meeting place of the Yekke (German-Jewish) and Hungarian aristocracy on Fridays. Warm recommendation to the classic Austrian Sachertorte.

📍 35 Hanasi. Tel: 04-831-2106. Sunday-Thursday 7.30 a.m.-7 p.m., Friday 7 a.m.-2 p.m.

Mandarin

Mandarin simply gives the Haifa customer what he or she simply requires -- good coffee plus something light on the side.

📍 29 Hanasi. Tel: 04-836-3554. Daily 8 a.m. to last customer.

Lehem Gal

Small Central Carmel bakery where you can find high-quality delicacies from all over the world.

📍 3 Moria. Tel: 04-644-2458. Sunday-Thursday 7.30 a.m.-8 p.m., Friday 7.30 a.m.-3.30 p.m.

Restaurants

Tatami

Japanese food superpower reopened a few years ago better than ever. Opt for the sushi, naturally.

Auditorium Square, 134 Hanasi Boulevard. Tel: 04-643-6688. Daily noon-midnight.

Pasta Basta

Part of the chain born in Jerusalem. Menu is mainly various kinds of fresh pasta, including whole wheat and gluten free, with a variety of sauces and reasonable prices.

📍 12 Moria Boulevard. Tel: 820-0944. Daily 11.30 a.m.-midnight. pastabasta.co.il

Umm Khultum

Stronghold of the city's vegans, but also a place for lovers of tasty food. Small, corner place with a few tables. Go for the daily specials, worth trying the Druse bourekas or the souvlaki.

📍 60 Moria Boulevard. Tel: 04-885-2227. Sunday-Thursday 10 a.m.-midnight, Friday-Saturday 8.30 a.m.-midnight.

Priya

A light, refreshing option -- everything fresh, vegan and made on the spot. The shakes, which are the place's pride, are recommended, plus the beet hamburger and bowl of flowers.

📍 2 Tsafiririm. Tel: 04-820-1122. Sunday-Thursday 7.30 a.m.-9 p.m., Friday 7.30 a.m.-4.30 p.m.

Wine Bar by Andre Suidan

Andre Suidan, the man and the institution from Special Reserve, opened a place for people who love good wine and good food capable of caressing the wine and complimenting it. Romantic and intimate.

📍 98 Hanasi Boulevard. Tel: 050-427-4556. Sunday-Thursday 7 p.m.-midnight, Friday-Saturday 8 p.m.-midnight.

Georgia

Delicacies from Georgian cuisine, located in a beautiful Yefe Nof building with a breathtaking view of the bay. Recommended for celebrating special occasions.

📍 Yefe Nof 99. Tel: 053-549-5165. Sunday-Thursday 10 a.m.-midnight, Friday 10 a.m.-2 a.m., Saturday 10 a.m.-midnight.

Ahuza and Surroundings

Street Food

Falafel Zohar

Neve Sha'an'an's legendary falafel. Every noontime you can see long lines outside the veteran establishment. Recently expanded for the benefit of customers.

📍 51 Trumpeldor Boulevard. Tel: 04-882-5773. Sunday-Thursday 10 a.m.-10 p.m., Friday 10 a.m.-2 p.m.

Cafes

Cafe Tov

The Haifa branch of a chain of social activist coffee shops serves as a professional training center for people battling emotional difficulties. The chain's ideology is based on NIS 20 meals including a range of dishes, among them pastas, salads, sandwiches and breakfasts.

📍 7 Bat Chen. Tel: 04-887-7276. Sunday-Thursday 8.30 a.m.-7 p.m., Friday 8.30 a.m.-noon.

Silva

Very high-level coffee shop and bakery. Real Italian-French meals are also served. An excellent solution for Saturday morning.

📍 120 Moria, Sefer Square. Tel: 04-811-4442. Daily 7 a.m.-10 p.m.

Kioscafe

This cafe was once a small kiosk selling cigarettes and newspapers. The place expanded over time and a kitchen was added. The fresh-squeezed juices are simply excellent.

📍 3 Sholem Aleichem. Tel: 04-822-9911. Sunday-Thursday and Saturday 8 a.m.-midnight. Friday 8 a.m.-4 p.m.

Nona

Excellent dishes are hidden away inside the academic mensa. The salmon stir-fry and the pizza are not to be missed. Technion Physics Building. Sunday-Thursday noon-3 p.m.

Pie Denia

A bakery-cafe that's also expert in events and catering. Not only cakes, there are sandwiches and salads too. Ordering the

small focaccia filled with lots of goodies is a very good idea.

📍 2 Liberia, Denia. Tel: 04-825-7790. Sunday-Thursday 8.30 a.m.-8 p.m, Friday 8.30 till Shabbat begins.

Biga

Although it's part of a chain, the food is excellent and maintains high quality, just like the attentive and quick service. Every dish you order will be very good.

Horev Branch: 12 Horev. Tel: 04-633-3000. Sunday-Thursday 7 a.m. to last customer, Friday 7 a.m. to hour before Shabbat begins, Saturday half hour after end of Shabbat to last customer.

📍 Grand Kanion Branch: 54 Simha Golan. Tel: 04-844-4780. Hours same as Horev branch.

Basher Fromagerie

Haifa branch of the chain that started in Jerusalem's Mahane Yehuda Market. A boutique experience, even though it's located in a shopping center. Live performances on the second floor on Wednesdays, tastings on Mondays and Tuesdays.

📍 Grand Kanion, 54 Simha Golan, third floor. Tel: 04-826-8228. Sunday-Thursday 10 a.m.-10 p.m., Friday 9 a.m.-3 p.m., Saturday 8.30-11 p.m.

Restaurants

Kanibar

Very veteran hamburger place at Safer Square, which has maintained a high standard and customer loyalty for many years. Recommended to go for the Italian hamburger, mini-schnitzels in curry sauce, an indulgent take on Caesar salad, and the addictive potato gratin.

110 Moria Boulevard. Tel: 1-700-553-311 Sunday-Thursday noon-1 a.m., Friday noon-3 a.m. Saturday noon-1 a.m.

📍 21 INS Eilat. Tel: 04-872-6007. Sunday-Wednesday 11 a.m.-11.45 p.m., Thursday and Saturday 11 a.m.-1 a.m., Friday 11 a.m.-2 a.m.

Sinta Bar

Sinta Bar blends a love of meat with elite cooking. The meals that come out of the kitchen are rich and faultlessly precise. Try the firsts; if you're still hungry, the excellent hamburger is a good option.

📍 127 Moria, Ahuza. Tel: 04-834-1170 or *5077. Daily noon-11.30 p.m.



ונייה ביסטרו

Pesto

Veteran restaurant recently moved to a new address. The menu got a face-lift as well, with new and updated dishes joining the beloved veterans.

📍 29 Moria Boulevard. Tel: 04-866-7722, 04-834-4502. Sunday-Thursday 11 a.m.-midnight, Friday 10 a.m.-2 a.m., Friday 11 a.m.-1 a.m.

Amaretti

A place for pastas in interesting sauces like lemon and wild spinach in season. There's also a large menu for vegetarians and vegans. A good idea to phone and place your order in advance.

📍 25 Hapalmah, Old Romema. Tel: 04-811-2929. Sunday-Thursday noon-midnight, Friday till an hour before Shabbat begins.

Burger Salon

The meat is of exceptional quality. Don't miss the cheeseburger, made in a way that's completely different from what's familiar to you.

📍 69 Pika, Romema Sports Palace. Tel: 1-700-705-715, extension 2. Daily 11 a.m.-11 p.m.

Zanzara

Italian restaurant where it's fun to eat pasta, pizza or a salad before seeing a movie at the Cinema Cafe Amami next door, or a tiramisu after the film. Recommended: Zanzara pizza or pasta in veal sauce.

📍 103 Hagalil, Neve Sha'an. Tel:

053-809-4531. Daily 10 a.m.-1 a.m.

Pasta Market

The restaurant offers a new interpretation of a familiar restaurant dish. pasta. the atmosphere's young and not at all formal. All pasta is made on the spot; trying the ravioli with special fillings is worthwhile.

📍 1 Shalom Aleichem, Neve Sha'an. Tel: 077-790-2922. Daily 11 a.m.-1 a.m.

Vivino – the Italian Quarter

A complex including an Italian restaurant, deli and events complex. Menu includes classics like pizza, pastas, focaccias, risotto, Italian-style meat dishes and coffee and dessert, of course.

📍 1 Elizabeth Square (opposite the Romema Sports Arena). Tel: 04-844-9454. Sunday-Saturday 11 a.m.-midnight. vivino.co.il

Sweets

Eissalon

Beyond the light texture of ice-cream, we've not met anywhere else in Haifa, there are also fascinating flavors like avocado-orange, lemon-basil, beer, chocolate with whisky (for real!) and more.

📍 7 Oskar Schindler. Sunday-Thursday 1-10.30 p.m., Friday-Saturday noon-10.30 p.m.

The Flea Market

Every city with much of a history must have

a flea market worthy of the name. Haifa's flea market is principally active on Saturdays and Sundays. You can find antiques, refurbished furniture, clothing and more. And most important – the local restaurants.

Hummus Abu Marwan

Original branch of what's become a national chain. You'll find airy hummus that ridicules the gluey stiff encountered elsewhere and insanely good fries.

📍 1 Kibbutz Galuyot. Tel: 054-631-2575. Daily 8.30 a.m.-4.30 p.m.

Hummus Berdichev

People don't come to a successful hummus place just for the hummus, they come principally for the cooked dishes. The fish cakes here get a special recommendation.

📍 34 Shivat Zion. Tel: 04-630-5752. Sunday-Thursday 11 a.m.-4 p.m., Friday 11 a.m.-3 p.m. (summer) and to 2 p.m. (winter).

Yonak

Capital of Haifa's ex-Romanians. Try the costitza, ikra, matias and chopped liver.

📍 23 Kibbutz Galuyot. Tel: 04-866-7929. Sunday-Thursday 11 a.m.-11 p.m., Friday 11.30 a.m.-4 p.m., Saturday 11 a.m.-5.30 p.m.

Quando Pasha

Dishes combining Arab and Italian cuisines are on the menu in an old building. Sophisticated concept evenings are held every week or two. Chef Tomer Abergil presides over the delicious festivities.

📍 9 Hamam al-Pasha. Tel: 04-601-6656. Monday-Thursday 6 p.m. to last diner, Friday 9 a.m. to last diner, Saturday 11 a.m.-5 p.m.

German Colony

A historic and tourist area with a cosmopolitan atmosphere. Going there in the evening hours and seeing the Baha'i Gardens illuminated and Ben-Gurion Boulevard full of people having fun is highly recommended.

Restaurants

Faces

Popular restaurant located on Ben-Gurion. The cuisine is a mixture of Levantine and Western. We like the stir-fried salads.



📍 37 Ben-Gurion. Tel: 053-944-3592. Sunday-Thursday 9 a.m.-midnight. Friday-Saturday 9 a.m.-1.30 a.m.

Fattush

Arab food with a modern touch. It's worth going there for the wonderful garden where the tables are located. Try the tamarind and one of the vegetarian firsts.

📍 38 Ben-Gurion. Tel: 04-852-4930. Daily 8 a.m.-midnight.

Dream Nemo

A rare restaurant in our region, specializing in a range of ways to prepare seafood. The menu is diverse and varied, including meats, vegetarian dishes, fish and seafood.

📍 45 Ben-Gurion. Tel: 053-944-1215. Daily 10 a.m.-midnight.

Douzan

Refined variations on traditional Arab cuisine with French and Italian touches. Trying the eggplant soup and the unique salads is highly recommended.

📍 35 Ben-Gurion. Tel: 053-944-3301. 9 a.m.-midnight.

On the Water Line - Seafront Neighborhoods

Street Food

Bambino

All that's needed is mixed veal and lamb shuwarma -- go for the upgrade, roasted

cauliflower in garlic sauce.

📍 144 Yafo, Kiryat Eliezer. Tel: 04-852-1474. Daily 9.30 a.m.-4 a.m.

Ha'em Nabila (Mama Nabila)

They say that a Polish mother isn't just a matter of ethnicity. Nabila is an Arab mother, at whose place you can consume Lebanese-style home cooking.

📍 1 Tel Aviv, Kiryat Eliezer. Tel: 04-852-1792. Sunday-Friday 8 a.m.-4 p.m.

Hakuba shel Momo (Momo's Kuba)

If you're interested in tasting Iraqi kuba the way it's supposed to be. The restaurant is kosher and there's home delivery. Recommended: kuba soup.

📍 8 Fliman, Castra Center. Tel: 053-937-6911. Sunday-Thursday 9 a.m.-5 p.m., Friday 8 a.m.-1 p.m.

Victor Sandwich

This small place has been feeding residents of Bat Galim and soldiers from the nearby naval base for years. Everything's fresh and the taste is heavenly. Go for the avocado-egg salad sandwich, you won't regret it.

📍 12 Hasharon. Tel: 04-853-6882. Sunday-Thursday 7 a.m.-3 p.m., Friday 7 a.m.-1 p.m.

Workers Restaurants

Goldfish

The place to eat a lot of fish on the cheap. Goldfish is a refuge from the high cost of fish dishes everywhere else. A station on

the way to Paradise for fish lovers.

📍 26 el-Ziso, Kiryat Eliezer. Tel: 04-855-2663. Monday-Saturday noon-10 p.m.

Abu Zaid

A Bat Galim institution. Fish and meat, all done very well, and assorted salads to accompany them. Not cheap, but worth the price.

📍 52 Ha'aliya, Bat Galim. Tel: 04-852-3419. Daily noon-11 p.m.

Shrimp House

A place for shrimp lovers also serves calamari and fish. Very easy to access. The Shrimp House dish is a recommended choice. Fish lovers should opt for what's fresh on the particular day, choose either grilled or in the pan.

📍 5 Hahagana, Ein Hayam. 053-942-6864. Sunday noon-5 p.m., Monday-Saturday noon-10 p.m.

Fine Dining

Basarela

A veteran bustling meat restaurant in Castra, with a rich selection of prime steaks, side dishes and salads.

📍 8 Fliman, Castra Center. Tel: 04-850-3535. Daily noon-11 p.m.
basarela.co.il

Minna Tomei

There's a clear separation here between five Far Eastern cuisines, all done very well indeed. Try the Korean Beef Grill and the Indian Bombay Batter Chicken.

📍 8 Fliman, Castra Center.
Tel: 1-700-504-506. Sunday-Wednesday noon-11 p.m., Thursday-Saturday noon-midnight.

Raffaello

A place to enjoy the finest Italian cuisine. recommended: the special pastas and the desserts, especially the cannoli.

📍 8 Fliman, Castra Center. Tel: 1-700-507-107. Daily noon-11 p.m.

Habokrim

A unique atmosphere. As is customary in Spanish popular restaurants, you can toss peanut shells on the floor. Come for the perfectly done meats and the country music.

📍 1 Kdoshei Yasi, Congress Center. Tel: 04-850-1111. Daily noon-midnight.



Beaches

Fine dining

Shawatina

The second branch of Shawatina from Stella Maris. Meat and seafood and a good vegetarian selection. Array of salads fit for a king, great view of Mt. Carmel. High-class service.

📍 96 Ha'aliya Hashnia, Bat Galim Beach.
Tel: 053-710-4389. Sunday-Saturday noon-midnight.

Eataliano Dellacosta

Restaurant with enchanted, carefree atmosphere. Pizza Siniya is the restaurant's signature dish. The pastas are also excellent, and the desserts – oh, the desserts!

📍 96 Ha'aliya Hashnia.
Tel: 054-424-7175. Sunday-Thursday and Saturday noon-11 p.m., Friday noon-midnight.

Beach Restaurants

Misadag

Mediterranean-style fish and seafood restaurant, located on the Bat Galim seaside promenade. As Saturdays people come to the promenade, take in the fresh sea air, and sit down for a proper and delicious meal.

📍 29 Pinhas Margolin. Tel: 073-758-4244. Daily noon-11 p.m.

Fresh Kitchen Nirvana

If you want to toss yourselves into the sea, there's no better place to do it than Nirvana.

The feeling of freedom and the watermelon with Bulgarian white cheese are certain to supply the Nirvana you're seeking.

📍 Nirvana Beach. Tel: 04-850-1444. Daily 8 a.m.-midnight.

Hahavit

Hahavit became part of Dado Beach's description long ago. Best to come at sunset, sit there and watch the sea, naturally holding a glass of beer.

📍 Dado Beach. Tel: 04-852-2215. Daily 9 a.m. to last customer.

Shaltieli

A relaxed place to sit in. The roof floor provides an especially pleasant experience.

📍 Dado Beach. Tel: 04-855-0393. Sunday-Thursday 10 a.m.-2 a.m., Friday 10 a.m. to start of Shabbat, Saturday end of Shabbat until 3 a.m.

Hacamel

Veteran beach restaurant has become a legend in Haifa. Order a shake, take off your shoes and sit on one of the chairs on the sand. If you happen to be hungry, we recommend Salad Maya.

📍 Dado Beach. Tel: 04-852-2290. Daily 9 a.m.-3 a.m.

Hamakom Shel Eliyahu

Nobody prepares denis (sea bream in English) in garlic sauce like Hamakom Shel Eliyahu. Sitting in the modest restaurant is always pleasant. Frequent specials make it possible to eat well cheaply.

📍 Zamir Beach. Tel: 04-852-6716. Daily 9 a.m.-11 p.m.

Neve Paz

Pizza Maya Chucho

Turns out that the Neve Paz neighborhood pizzeria makes Haifa's best khachapuri. Beyond that, the pizza is terrific.

📍 44 Hativat Carmeli. Tel: 04-832-7273. Sunday-thursday 11 a.m.-2 p.m., 4 p.m.-midnight. Friday 11 a.m.-4 p.m.

Sandwich Yaakov

Despite the name, there are no sandwiches at all. Just wonderful cooked lunch dishes. Go for the soups, the mains, the salads – in fact, go for it all.

📍 10 Heletz, Paz Bridge (next to the Su-Chef store). Tel: 04-602-3606. Sunday-Thursday 11 a.m.-5 p.m., Friday 11 a.m.-3 p.m.

Hamifratz and Kiryat Haim

Hamifratz and Kiryat Haim are an inseparable part of Haifa. The Kiryat Haim Industrial Area is full of retail chains that attract Haifans by day, and at night they go out to have a good time in the area's pubs. INS Eilat Boulevard has nothing to be shy about in the supply of restaurants and cafe. There's also a nice beach.

Street Food

Ma'afiyat Hamifgash

The local bakery that everyone has memories about, particularly of the wonderful sambusak. Go for the pastry with a sunny-side egg.

📍 82 Hahistadrut. Tel: 04-841-2611. Sunday-Wednesday 6 a.m.-1 a.m., Thursday open 24 hours.

Hazan

The ultimate shuwarma is always waiting for revelers ending their evening with a warm meat item dripping with tehina.

📍 56 Hahistadrut, Checkpoint. Tel: 04-841-6560. Sunday-Thursday 10.30 a.m.-midnight, Friday 10.30 a.m.-3 a.m.

Workers Restaurants

Hanoch

The restaurant, on the second floor of a petrol station, is a stronghold of corrupting



East European food. Go for the "white" meat, it should be with lots of garlic.

📍 3 Degania. 04-842-4466. Sunday-Thursday 11.30 a.m.-9 p.m., Friday-Saturday 11.30 a.m.-5 p.m.

Hamakom (The Place)

Straight from the kitchen of a Russian mama! Right for the cold Russian winter, but for the Israeli palate too. Worth visiting to see what members of the biggest wave of immigration in Israel's history eat, or for the borscht if you miss your own mother's cooking.

📍 65 Degania, Kiryat Haim. Tel: 04-841-5818. Daily 10 a.m.-10 p.m.

Bakeries

Condituria Shemo

Starting-place for the career of Israeli megabaker (and TV star) Miki Shemo. The modest branch in the industrial area makes no mention of what he's done in the interim, but the cakes and cooks found there are here.

📍 6 Haestadion, Kiryat Haim. Sunday-Thursday 8 a.m.-8 p.m., Friday 7.30 a.m.-3 p.m.

Condituria Eyal

As a youth, Eyal Weizmann baked in his parents' home until the smells drove the neighbors crazy, then opened his own bakery and expanded. Try the salty baked items, the place's headliners.

📍 92 Halutzei Hata'asiya, Kiryat Haim. Tel: 04-841-0132. Sunday-Wednesday

7 a.m.-7 p.m., Thursday 7 a.m.-8 p.m., Fridays 7 a.m.-2.45 p.m.

39 Shivtei Yisrael, Kiryat Haim. Tel: 04-841-0132. Sunday-Wednesday 7 a.m.-7 p.m., Thursday 7 a.m.-8 p.m., Fridays 7 a.m.-2.45 p.m.

Pubs and Eateries

Moses

Local branch of the popular dining empire. Recommended for a late-night meal, in particular on weekends.

📍 96 Halutzei Hata'asiya, Kiryat Haim. Saturday-Wednesday noon-midnight, Thursday noon-3 a.m., Friday noon-4 p.m.

Elephant

Legendary performance bar where everyone's appeared. Good idea to catch the next performance only to say that you were there back when...

📍 4 Haestadion, Kiryat Haim. Tel: 052-893-3937, 052-397-9090. Sunday-Saturday 9 p.m.-3 a.m.

Pub Hamorgan

The image of an Irish pub lost some of its authenticity when we were flooded with Irish pubs. All that said, it may be that Hamorgan is the closest thing to the real thing. It's a neighborhood place with occasional shows and theme evenings. There are also workshops about the world of beer and whiskey.

📍 22 Haestadion, Kiryat Haim. Tel: 052-540-8911 Daily 8.30 p.m. to the last customer.



Families

Haifa is full of things to do with children: From unforgettable trips on the Rakevel to museums offering interactive activities, an extreme sports park and a beautiful seaside promenade, to a fascinating encounter with animals



Haifa Educational Zoo | Photo: Itamar Grinberg

Haifa Educational Zoo

Ideally located in the heart of the city, in Central Carmel on the northern bank of Nahal Lotam, near Gan Ha'em. The zoo was in 1949 by the late Pinhas Cohen, an agronomist and educator who was Haifa's first teacher of nature and a founder of the legendary Reali School and of the predecessor to the Society for the Preservation of Nature in Israel.

It is home to more than 100 animal species, some very rare. They include Bengal tigers, leopards, caracal wild cats (also known as desert lynx), wolves, jackals, hyenas, foxes, lions, bears, raccoons, otters, mongoose, water and swamp birds, predatory birds, parrots and songbirds, baboons, lemurs, deer, Israeli gazelles, donkeys, camels, guanicoe lamas, hares and rabbits and wild and domestic pigs. In the Biological Institute building, is the home to dozens of snake species native to Israel and the world, plus several varieties of lizard and tortoise. Kids enjoy themselves in the petting corner, hugging the animals and in photo ops with goats, deer, rabbits, and hamsters. Evening tours, in the framework of a night safari.

The zoo is a member of EAZA, the prestigious international zoo organization, which carries with it the possibility of receiving exceptionally rare animals from zoos around the world and in efforts to rescue endangered species.

📍 124 Hatishbi, Haifa. Tel: 04-837-2390. Sunday-Thursday 8 a.m.-7 p.m., Friday 9 a.m.-3 p.m, Saturdays and holidays 9 a.m.-5 p.m. Admission charge. haifazoo.co.il

National Maritime Museum

Dedicated to the origins of shipping and the connection between man and the sea, the National Maritime Museum spans the centuries from early civilization to current times in exhibits covering 5,000 years. Emphasis is on the Jewish people and the Land of Israel's connection with the sea. The museum's roots go back to 1953 and the private collection of the late Arye Ben-Eli, its founder and first director. The museum has moved from its original location in the Beit Yordei Hayam building on Hanamal Street to a large structure on Allenby Street.

The entrance floor has a room for rotating

exhibitions, auditorium, library and rooms for research. The permanent exhibition covers two floors and is subdivided into periods and various topics concerning mankind's connection to the sea, including underwater archaeology, maritime art and maritime mythology, ancient anchors, Greco-Roman coins, fish and dolphins, maps, scientific instruments, modern shipping and sea battles. Impressive ship models are a highlight of any visit. The museum stages visiting exhibitions from private collections and international and Israeli art shows on maritime themes.

📍 198 Allenby Boulevard. Tel: 04-853-6622. Sunday-Wednesday 10 a.m.-4 p.m., Thursday 4 p.m.-7 p.m., Friday 10 a.m.-1



**Did You
?Know**

The Haifa Educational Zoo is a member of EAZA, the leading organization of zoos and aquariums in Europe and the Middle East.

p.m., Saturdays 10 a.m.-3 p.m. Admission charge. nmm.org

Madatech Science Museum

Madatech, the National Museum of Science, Technology and Space, is Israel's largest science museum aimed at bringing Israelis closer to science in an interesting and enjoyable way. Over 20 permanent exhibitions, a science park, other exhibits on science and technology. Most exhibits are interactive, inviting visitors to try, touch, operate and experience them. They include Green Energy, how electricity is generated in traditionally and alternatively (wind, solar, water, even bicycle); Science of the Smile, on oral and dental health; Leonardo da Vinci, as a scientist an engineer, including machines Leonardo designed 500 years ago; Making Sure, scientific principles that contribute to road safety; the Human Genome and DNA, the genetic code on which life is built, touring inside a human cell that's been enlarged a million times.

In addition to the exhibitions, the Cinematrix, a three-dimensional multi-sensory cinematic experience with comfortable seats and amazing effects, operates in Madatech. The museum is located in the historic Technion complex in Hadar Hacarmel, covering a large area including the northern gardens and the palm planted by Albert Einstein in 1923.

📍 25 Shmaryahu Levin. Tel: 04-861-4444. Sunday-Wednesday 10 a.m.-3 p.m., Thursday and Saturday 10 a.m.-4 p.m., Friday 10 a.m.-3 p.m. Admission charge. madatech.org.il

Hai Bar Carmel Nature Reserve

Hai Bar on the Carmel is dedicated to raising and then returning to nature animal species which are endangered or have become extinct in their natural habitats over the last 200 years. As a consequence, the reserve's animal population of mammals, predatory birds and amphibians, remains relatively small. Hai Bar's rich Mediterranean forest also is home to mammals brought back as the result of an international search for animals mentioned in the Bible and in the diaries of travelers who visited the Land of Israel over the last few hundred years. Some are kept only for display, with no intention of setting them free in nature. Viewing an engrossing film about the reserve is recommended at the start of a visit – including the



Bat Galim Rakevel Photo: Itamar Grinberg

reproductive nucleus of Persian fallow deer brought to Israel from Iran on the last EL AL flight out of Teheran in 1978, just before Ayatollah Khomeini took over and the Carmel deer being returned to nature. A visit to Hai Bar provides a rare opportunity to see those rare animals up close.

Another point of interest is an up-close view of eagles, are in danger of extinction in Israel. The eagles, who have multiplied in Hai Bar, are returned to nature in "Spreading the Wings of Eagles and other Birds of Prey in Israel," a comprehensive national project. Visitors can also observe other animals – Eretz Yisrael deer, white-tailed sea eagles, sky hawks and others, and should beware that Hai Bar has no petting corners and that viewing animals is only possible from behind a fence -- although that is also impressive. No additional charge for guided tours on Saturdays 8 a.m.-4 p.m.

Hai Bar Carmel is located 300 meters south of the entrance to the University of Haifa campus, on the Haifa-Isfiya road (No. 672). Visits in the middle of the week by advance reservation, open Saturdays and holidays

📍 8 a.m.-4 p.m. Admission charge. Tel: 04-832-0648. parks.org.il

Rakevel Cable Car (from Bat Galim to the Stella Maris observation point)

Passengers on the Rakevel cable car to the top of the Carmel ridge and back seem to float through the air in three transparent balls. The Rakevel, which connects the end of the Bat Galim seaside promenade and the Stella Maris observation point, offers spectacular views of the sea and the Carmel ridge. The one-way trip takes five minutes, but the vistas on it -- of the mountainside, the city and the water -- are fantastic. You can ride the Rakevel both ways, or only one way and opt to take a 20-minute walk downhill on steep steps. At the top there are several restaurants, the Stella Maris monastery, Elijah's Cave and the observation point, from which Rosh Hanikr



**Did You
Know**

Eagles in Israel are in danger of extinction. They can be seen at close range at Hai Bar Carmel, in their acclimatized cage.



Outdoor children's show | Photo: Itamar Grinberg

and the Akko Bay are visible on a clear day.

📍 Bat Galim Promenade (lower Rakevel) or Stella Maris (upper Rakevel). Tel: 04-833-5970.

X-Park

A professional action park located at Haifa's southern approach, with three activity complexes – for height activity, mini-football on synthetic turf and Paintball combat. Near the Convention Center, aficionados of extreme will find Kir Yoav, a 16-meter climbing wall (there's also a smaller wall for the little ones) with mattresses, harnesses, secure ropes, and professional counselors; rope bridges connecting installations, with the help of beams and netting; an 80-meter Omega; mini-football; Paintball; professional skatepark; trampoline and bungee. Park is suited to children of all ages and to adults. Congress Center. Tel: 1-599-524-400. Complex operates every day, but with different hours for various facilities. Checking on website (xpark.co.il) recommended. Admission charge.

Dan Karting – Motoring Complex

Another facility for lovers of the extreme – at Haifa's southern entrance Israel's largest covered karting track featuring the world's most advanced karting vehicles,

a simulator room, small bumper cars and more. Dan Karting also offers training for competitive driving and racing. Driving permitted for children 12 and over and adults over 1.4 meters tall.

📍 4 Moshe Fliman. Azrieli Haifa Shopping Center. Tel: 04-850-1060. Sunday-Saturday 10 a.m.-midnight. Admission charge. dankart.co.il

Dark Night

If you're seeking an unconventional activity you're invited to visit Dark Night, a complex of fear and lots of fun. The horror maze is the only one of its kind in Israel with, among other things, mannequins who'll pop up to surprise visitors as well as sophisticated holograms.

📍 58 Hahistadrut Boulevard, Check Point. Tel: 04-840-1966, 054-477-1821. Daily 6 p.m.-3 a.m.

Disaster

Disaster is a horror maze based on a real event around which an entire background has been built. Three-dimensional experience that's both gripping and breathtaking, with actors, holograms and mind games. A strong heart is necessary to complete the route. Those who can't manage call out "disaster" and be saved.



Tip

The city has several touring routes appropriate for the entire family, including the stairway routes which are a special attraction for children.

📍 4 Mahanayim, Central Carmel. Tel: 03-303-3305 (Shai). Only age 14 and over admitted to game. Another route suitable for ages 8-14.

Railway Museum

The Israel Railways Museum is located in the historic stone building between the Shemen Beach and the Lower City, which once served as Haifa Mizrah, the station from which the famous Valley Train departed. The story of trains in Israel -- from the old to the modern -- is told through a wide variety of displays and installations, against the background of Israel Railways traffic through the station and views of Haifa and Mt. Carmel. Engines, cars, tickets, timetables and more are on display. Group tours can be arranged in advance.

📍 1 Hativat Golani Road. Tel: 04-856-4293. Sunday-Thursday 8 a.m.-4 p.m. rail.co.il. Admission charge, free for parents.



Green Haifa

If you seek to trade the urban landscape for one that's green, Haifa and the surrounding area are full of enticing options. Stunning views, wadis, nature reserves, caves and lots more. A Haifa you've never encountered



The nature reserve adjacent to Haifa University's entrance square is just a small part of an expanse of Mediterranean forest where animals are raised to be free into nature. Wildlife has been disappearing since the 19th century from Mt. Carmel, once the natural habitat of bears and leopards. The reserve's current inhabitants include eagles, fallow and Israeli deer, and other species. The long and involved process of return to nature is described in periodic tours of the reserve which are open to the general public. What can be seen in the reserve captures and warms the heart.

Horeshat (Thicket) 40

Eighty thick-trunked ancient oaks grow in Horeshat 40, a small beauty spot in the Carmel Forest National Park tucked away about half a kilometer from Haifa University. The exceptional concentration of native oaks survived while other trees in the area were cut down for charcoal during the Turkish period, spared because the Druse consider them holy. According to that religion's tradition, 40 messengers of the then-young faith stayed in the place in the 11th century, planting oak trees where they lived. There's a magnificent view of Haifa Bay and the surrounding area from the thicket, which is also the starting point for a 2-km walking trail. The area's rich with wild flowers in winter and spring.

Wadi Siah Bustan Khat

A concealed orchard at the bottom of Wadi Siah was planted in 1936 by the Khat, one of Haifa's distinguished families, as a site for family holidays. The orchard, covering 6.5 dunams (a bit more than 1.5 acres) and inspired by Muslim-Arab garden architecture, has fountains, waterfalls, pools and canals connecting its various sections. The two pools, nourished by Nahal Siah, welcome walkers to splash on hot summer days. The easiest entry point is near the cemetery's Brosh (Cypress) Gate. From the improvised parking area under the houses of Arab residents continue to the orchard and then up to the Carmelite monastery and the Ein Mishottatim and Ein Siah springs.

Park Nesher's Hanging Bridge

In the heart of the Nesher forest, at the edge of the steep cliff overlooking the Keyta stream, a hanging bridge made of steel netting provides a stunning view of the gorge itself and the Carmel slopes.



Photo: Itamar Grinberg
Hai Bar Carmel Nature Reserve

Access is simple. Follow the new road leading from Nesher to Haifa University, turn towards Ramat Yitzhak, turn left at the square on Hahorev Street till you see a Park KKL-Nesher sign on the left. There are two routes to the bridge: The short one leaving the park near the playground, about 700 meters in each direction is easy, appropriate for any age and for the physically limited. The longer, more interesting one, is precisely marked as it wends its way through

the valley and the forest. Suitable for families with small children.

The Baha'i Gardens and Louis Promenade

The Baha'i Gardens consist of 19 terraced gardens beginning at Yefe Nof Street and the well-tended Louis Promenade and ending at the German Colony. The main axis around which the gardens were planned points towards Akko, a city of historic and religious significance to the Baha'i. The golden

dome in the gardens' center, Shrine of the Bab, is a temple to and tomb of the faith's prophet and founder which has become one of Haifa's most important symbols. The gardens themselves are a UNESCO World Heritage Site.

Gardens near Shrine of the Bab

The gardens, with a panoramic view of the city, the Galilee mountains and the Mediterranean Sea, are a "must" for locals and tourists. Along 400 meters of the promenade, you can enjoy foliage in a Mediterranean forest, hidden beauty spots and the monument commemorating Kaiser Wilhelm II's visit in 1898 alongside a French naval cannon that was placed as a counterweight to the losing German-Turkish in World War I.

Technion Ecological Garden

Covering about 20 dunams (5 acres) on the Technion Institute of Technology campus near the Faculty of Civil and Environmental Engineering, the garden combines planted and natural Mediterranean woods, acclimated nooks for plants, a orchard of fruit trees and a pool of water. Different areas display ecological systems, environments and habitats, which visitors can visit on their own or in organized groups. Educational tours and workshops deal with topics such as green construction, recycling and waste treatment, preservation of nature and biological multiplicity, habitats and environments, water pollution and sewage treatment and water and energy saving. Plants from Israel and the world are tested for adaptability to Israeli conditions, based on water scarcity and shrinking available space.

Muhraqa Monastery

The Muhraqa Monastery is reached via road No. 672, which descends to the Elyakim Interchange. At the square on the southern end of Daliyat al-Karmel, turn onto a small road leading to the Carmel summit. Proceed, following signs for the Carmelite Monastery. In Arabic, muhraqa means Place of the Fire, and according to tradition it's the site of a confrontation between the priests of Baal and the Prophet Elijah in which fire descended from the heavens igniting Elijah's altar to prove that the deity was on his side. The Carmelite monks, who adopted Elijah as their patron saint, chose this point at the peak of Mt. Carmel to build their monastery. A magnificent panorama



Louis Promenade
Photo: Itamar Grinberg

of the Galilee spreads out from the vantage point on the monastery's rooftop terrace. A compass drawn on the roof's floor points to the various cities than can be seen from there. The way to the roof passes through a souvenir shop, where there are three tablets describing the original story. Payment required for access to the roof.

Nahal Lotam (Lotam River)

The trail begins at Gan Ha'em, with blue signs begin at the bottom of the garden, right of the stage. The path moves through a forest of laurel, also known as dafna (daphne); leaves of the tree are sometimes used for seasoning food, and in the past have been made into wreaths for winners in the Olympic Games. A short way along the stream there's an orchard of olive trees. Another trail, marked in green, winds through the olives, breaking off as the blue trail continues downhill. The green trail climbs over the southern fence and continues into a concentrated area of lotam (cistus) plants which blossom in spring and fall in white and purple, and which give the valley its name. The trail returns to the streambed, afterwards climbing in a short sortie to the northern fence to visit a large cave hewn into the rock, apparently dating back to the Byzantine period. The marked path ends at the Ofira Navon Garden, named for the late wife of Israel's fifth president. It's possible to continue for the length of the garden to Hecht Park, to cross Hahagana Street on the pedestrian crossing and walk all the way to where the stream spills into the sea.

Nahal Ahuza

The Wadi Ahuza route begins about 100 meters behind Horev Center, Haifa's busy transport and commercial hub. Modest signs and a short staircase descending from the trempiada hitch-hiking station to Freud Road lead to an entirely different backdrop. After only a 10 minute walk, the path is surrounded by greenery and it's hard to remember how close you are to the bustling city. There are pools, a well and a wadi rich with animal and plant life. Porcupines, wild boar, golden jackals and rock hyrax live there. Hawks and falcons, European robins, greenfinches, jays, four species of warbler, redstarts, sunbirds and others fly overhead. There's an amazing richness of species in such a small area, only 600 dunams (150 acres) surrounded by residential neighborhoods and main highways.

Park Hecht and the Shikmona Reserve

Those wanting a level, easy walk alongside blue-sea vistas can go down to Park Hecht, a shallow rocky home to for crabs and other sea creatures. The park extends from the seafront neighborhood of Bat Galim to Surfers Beach, at the foot of the seafront towers opposite Neve David. It has Haifa's largest grassy expanses, foliage typical of a Mediterranean beach, pleasant promenades and benches. The Shikmona Beach Nature Reserve, Haifa's loveliest coastal strip, is a kilometer to the north. The coastal segment became a nature reserve in 2008 partly due to its unique reef, made up of a gastropod unique to the Eastern



Asphodelus ramosus L. (Irit Gdola)
Photo: Itamar Grinberg



Cyclamen blossoms
Photo: Itamar Grinberg

Mediterranean, that serves as a habitat for sea creatures. Tel Shikmona, in the northern part of the reserve, one of Israel's most interesting archaeological sites, was first inhabited around 1,500 B.C.E.

Stella Maris Monastery and the Kohav Hayam Ridge

Tradition has it that the Prophet Elijah hid in a cave on the Kohav Hayam ridge. The Stella Maris (both names translate to Star of the Sea) monastery -- which is the world center of the Carmelite order -- has been destroyed and rebuilt several times over the centuries; the current structure dates to 1836. Etched above the monastery's main entrance is the order's symbol -- Mt. Carmel with a cross at the top and Elijah's sword above it, and the passage (in their translation from 1 Kings 19:10): "I am on fire with zeal for the Lord God of hosts." Tablets dedicated to the Carmelite order's central figures are found in the four corners

of the building's main hall. An organ on the church's western wall is used in religious ceremonies and special concerts of Carmelite music.

Nahal Remez and Nahal Ziv

Nahal Remez and Nahal Ziv are two of the tributaries of Nahal Gaborim (Wadi Rushmiya), which drains a considerable part of eastern Haifa. First part of the trail descends along the stream, partially in shade. Here and there, one can spot the orange blossoms of the nasturtium, a domesticated garden plant that spread to into Haifa's valleys and wadis. Shortly before parting with the stream, the trail leads to a lovely cliff about 5 meters high, a pleasant place for rest before the difficult section of the trail. Remains of a large oak that collapsed a few years ago are visible. There's a crossroads of red and green paths at the point where the trail turns off the stream. After dozens of meters of descent,

the green path heads upwards towards Berel Street near the Open School. The path is only 250 meters long, but can be left on a circular route of about a kilometer via Nahal Ziv (including about half a kilometer by foot on Berel to Pinhas Daum Street. This alternative is easier, the walk is suitable for everyone.)

The red trail turns left and becomes a steep incline on the hillside where Ramat Hen stands, then turns right and circumvents the neighborhood. It continues to climb in a leftward direction alongside the sewage line, to the foot of an attractive natural wall reaching 6 meters in height, then gradually descending towards Nahal Remez.

The Nahal Remez trail passes through natural and pine forest. The trail then leaves the stream and wooded western bank until reaching a park at the entrance to the Ramat Sapir neighborhood (Gott-Levin Street), at the southern edge of the No. 6 parking lot and north of the football



Muhraqa Monastery

pitch in the public park.

Gan Hapsalim (Sculpture Garden)

Gan Hapsalim was established in the 1960s in the upper part of Hazionut Boulevard, at one of the city's most beautiful vantage points. Most of the 29 bronze statues were contributed by sculptor Ursula Malbin from Ein Hod.

Mishmar Hacarmel

Mishmar Hacarmel is located on a hill in the heart of Mount Carmel. A historic caravansary (khan) stands at the top of the hill, surrounded by forested areas, some of which contain archaeological remains. In fact, the hill itself has remnants of habitation from various periods. A short loop trail, easy for walkers, encircles the hill, with views of the green Carmel, Nahal Alon, Nahal Oren and the Mediterranean. A starting point for tours and a campsite, with an area suitable for daytime group activities. Camping only for groups.

On Highway 721. From Highway 4, turn east at the Oren intersection, towards Kibbutz Beit Oren. Turn near the ancient quarries, at the Mishmar Hacarmel sign. The campsite is inside the farm. Tel: 04-822-0005.

Nahal Kelah

Nahal Kelah and Nahal Galim are among the Carmel's most beautiful streams. The trail starting at Nahal Kelah is marked by a sign on the road towards the Damon junction. Leave the highway about 150 meters before the crossroads onto a dirt track, following it until the blue marker. A hike down the stream is like something out of a storybook, and it's easy to understand why it's called the Secret Valley or Little Switzerland. About 1.5 km. downstream, the blue trail meets the red one from Kibbutz Beit Oren, which crosses the stream over a bridge. Another 100 meters to the left (south) along the red path brings you to flowering beds of lilium candidum,

also known as madonna lilies.

Nahal Galim is reached by walking about a kilometer on the blue trail, from its intersection with the red one. (The area also can be accessed on the green trail from Haifa University.) In fact, Nahal Kelah is a tributary of Nahal Galim, which drains from the Carmel into the Mediterranean. The blue trail proceeds for another 2.5 km before reaching Nahal Nadar, where it meets the black trail. A 400-meter climb brings you to one of the most beautiful -- and wettest -- points on the trail, Ein Kedem.



**Did You
?Know**

Eagles in Israel are in danger of extinction. They can be seen at close range at Hai Bar Carmel, in their acclimatized cage.



Nahal Me'arot Nature Reserve
Photo: Itamar Grinberg

Ein Kedem

Ein Kedem's waters come from two tunnels on the mountain, producing clear and cool water all year round. Both can be entered with the help of a flashlight. The right-hand one is more accessible; most of the year its waters are only waist-high. The spot where water pours out of the rock is reached after about 15 meters. Much greater effort is required to enter the second tunnel, which is sealed off by a concrete wall so that the spring water can be pumped into a large pipe. There's a small window in the concrete wall, through which one can wiggle to reach the tunnel itself. The water is much deeper, the trail is more difficult, but it is highly recommended for the adventurous. From the spring, return to the blue trail. The Oranit cave can be seen on the opposite ridge. At this point, there are two choices for completing the trail -- following the blue through Nahal Galim, about 1.5 km, or an easy climb to the Oranit cave.

Nahal Me'arot Nature Reserve

Nahal Me'arot, one of the most beautiful and impressive Carmel trails, has been recognized as a UNESCO World Heritage Site. That status is due mainly to the protrusions of fossilized rock dozens

of meters high at the point where the mountain meets the coastal plain, where there are caves with signs of prehistoric human presence. The caves, officially called the Carmel Caves, gave the valley the Arabic name Wadi al-Mughara, Valley of the Caves (the Hebrew name is an exact translation). Most of the five caves, which are near each other, are inside the fenced Carmel Caves area. The Tanur (Arabic tabun, English oven), Gamal (camel), Hanahal (al-wad, or valley) and G'di (dkhul, or kid) caves, and one that is unnamed. At another cave, called Haruv (carob), is higher up. Archaeological excavations have disclosed uncovered many artifacts including flint tools and burial sites. The reserve is also home to rich animal life -- wild boars, European badgers, rock ibex, bats, birds of prey and songbirds. Entrance from Highway 4. Tel: 04-984-1750. Summer time: Sunday-Thursday and Saturday 8 a.m.-5 p.m., Fridays and holiday eves 8 a.m.-4 p.m. Winter time: Sunday-Thursday and Saturday 8 a.m.-5 p.m., Fridays and eves of holidays 8 a.m.-3 p.m. parks.org.il

Haifa's Staircases

In the 20th century Haifa developed from a small settlement on the foot of Mt. Carmel

into a large city spreading all the way to the summit. Many neighborhoods were established on the slopes, and staircases were built to ease movement between them. These paths, which make their way up the hill, offer walkers a variety of trails between the city's historic neighborhoods -- relaxed walks with few crossings of busy roads. Four main routes descend from Central Carmel (the Gan Ha'em area) to different points in the Lower City and its vicinity. The routes are marked by signs (whose details are not always up to date); some are part of the new Haifa Trail. The routes are usually taken downhill; it's possible to park near Gan Ha'am, descend on foot and go back uphill on the Carmelit, during the rail service's operating hours. Periodic stops are recommended, to take in panoramas of the port, Haifa Bay and the Galilee in the background.

The Haifa Trail

The Haifa Trail is a very long (70 km) route for bicycles or walking. Each of the 21 walking and sports trails traversing the entire city is a tour in its own right, but they all combine into a huge circular urban trek exposing those who take it to Haifa's wide range of sites and attractions.

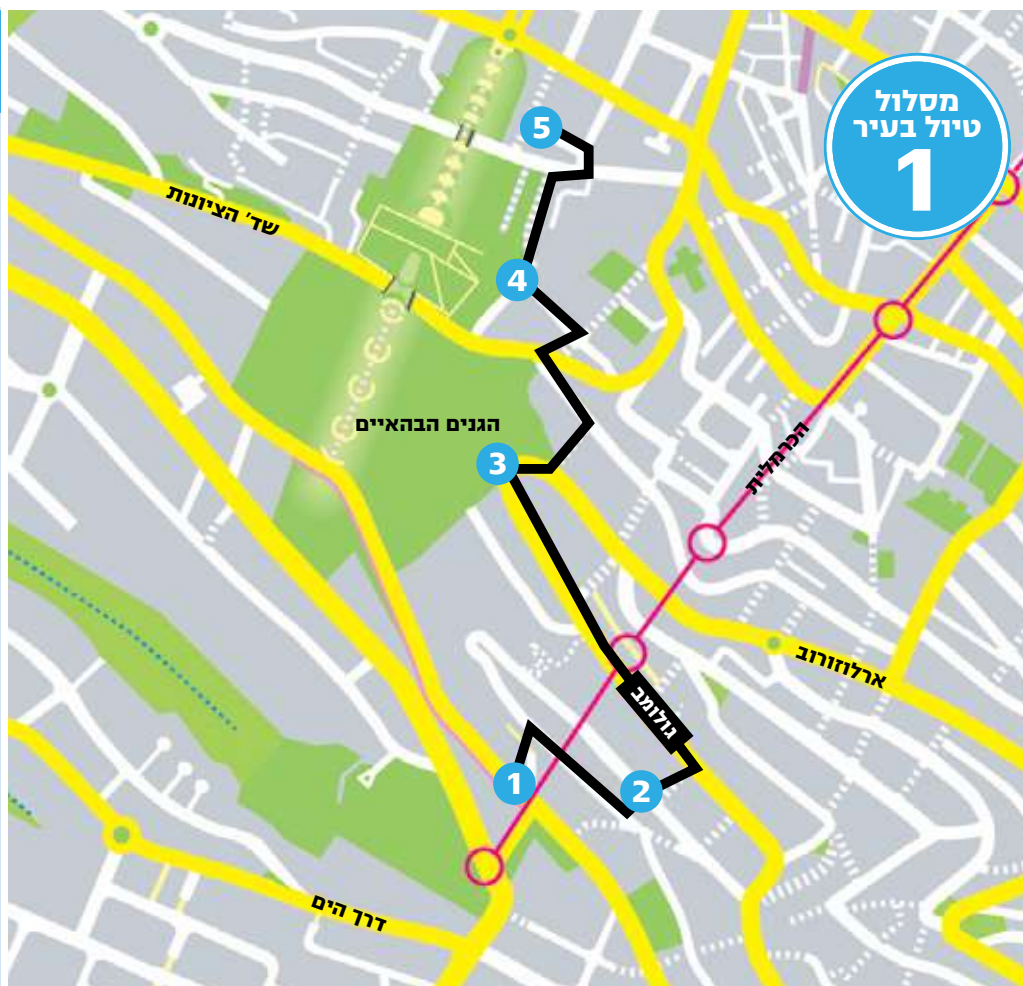


Day Tours

If you're a walking fanatic or just like picturesque alleyways and hidden beauty spots, here are some suggestions for tours of the city and its wonders, at different levels of difficulty

Ma'alot Haifa (Haifa Ascents) Along Haifa's Step

Drs. Nitza Yarom and Ze'ev Hirschfeld, a Tel Aviv couple, discovered Haifa's stairways by chance while touring the city and were fired with enthusiasm. For five years, they visited Haifa every weekend, explored stairways leading from one horizontal street to another higher up the mountain, began counting the steps and documenting their structure, location and the sites passed along the way, searched for maps in books and on the Internet, and assembled a respectable collection which they make available to tourists to the city at a website, hirom.info (Hebrew only). The website helps visitors choose a route by the number of steps (no less than 30 to more than 300), by neighborhood or name, and to go up or go down (all are two-way). Yarom and Hirschfeld used maps published by the Haifa Municipality and the city's tourism and recreation NGO, which can be picked up for a few shekels at the information bureau, 48 Ben-Gurion in the German Colony. Choose a stairway and start climbing. The view on the way up isn't identical to what's seen on the way down, views are different in the morning and evening, summer and winter, when it's rainy and when the sun is shining. Descriptions are simple and to the point: Beginning with where the steps are located and where they go, the number of steps, names of the neighborhoods and their locations on the map, a short explanation on the source of the street name and attractions along the way. Don't forget good walking shoes, a bottle of water – and perhaps a walking stick.



1,000 Steps

Starting Point: Yefe Nof Street
End: Abbas and Hagefen Streets
Length: 3.2 km.
Time: Up to two hours

If there's something that's really frustrating about Haifa (and Jerusalem as well) it's the business of bicycles. This means of transportation, which in Tel Aviv is considered super-efficient, simply doesn't work in a city that's all ups and downs. So to those who say

"Nonesense, a little fitness doesn't hurt," let's see you peddling up Freud Road...

That may be a reason why Haifa's staircases are no less than an attraction. Dozens of them connect the Haifa of Above and the Haifa of Below and help residents maneuver between the mountain's various levels. History teaches us that the city developed from the bottom up – from the Lower City and the German Colony to Hadar Hacarmel, from there to the higher neighborhoods and from there to the Central Carmel. The stairways offer scenic vantage points, picturesque alleyways and hidden

beauty spots.

We have no interest in wearing out the tourist by climbing the stairs, we'll proceed from the top down. Recommended starting point for the journey of 1,000 steps is **Yefe Nof Street (1)**, whose name, which means beautiful view, is a perfect fit. From there you can see the Krayot suburbs and the Upper and Lower Galilee mountains – and, they say, even Mt. Hermon on a clear day. At the corner of Yefe Nof and Sha'ar Halevanon the staircase leads down to Henrietta Szold Street. The route was once called the Donkey's Path for the caravans carrying building

materials on it in the 1920s and 30s. (Cynics say it's the jackasses who insisted on descending on a 1,000-step staircase.)

On the way down you can see natural undergrowth that once covered the entire slopes. Pines mingle with oaks and terebinths (ela in Hebrew), and if you take the effort to gather pine cones you may end up lucky enough to crack them and find pine nuts. Descending farther via Hahashmonim Street, we turn left onto the **Gamla steps (2)** to Golomb Street, then left again down to the **Universal Hall of Justice (3)**, the seat of the Baha'i faith's highest religious authority. Haifa is the world center of the Baha'i, a relatively young religion founded in Persia in the 19th century. The religion's prophet, Mirza Ali Muhammad, and his son Abdul Baha, are buried in the gold-domed temple known as Shrine of the Bab.

Opposite the gate of the Hall of Justice, which unlike the Shrine of the Bab is not open to the general public, we descend on the Bonyak staircase, turn left at Hillel and cross Hatzionut Boulevard to get a closer view of the golden dome. Hatzionut (Zionism) was originally called U.N. Boulevard, in recognition of the international organization's decision to establish a Jewish state; the name was changed in 1975, protesting the infamous General Assembly resolution equating Zionism with racism. Another descent on the **Shifra steps (4)** leads us between low houses with decorative gardens and fruit trees. Christians, Muslims and Jews are good neighbors in the neighborhood. At the end of the steps, on Abbas Street, a lovely stone structure houses the Sisters of Nazareth Convent. The street is named for Abbas Effendi, called Abdul Baha, the son of the Baha'i founder. After his father died, he spread the new religion around the world and built the Baha'i temple on Mt. Carmel. He died in Haifa, in 1921, and was buried alongside his dad. Only later was the golden dome erected over their tomb. Abbas and **Hagefen streets (5)**, which we'll reach after descending another set of steps called Morad Hacramim, were the streets where Haifa's Muslim and Christian elite once lived; their names commemorate the vineyards the Templers planted on the slopes. Turning left on Hagefen, Templer houses among others built later by Muslims and Christians.

Upon reaching the square, we see the German Colony (Ben-Gurion Boulevard), on the way to Beit Dagon and the Baha'i Gardens in all their splendor. At the end of the tour, those who took it face a decision - climbing back up 1,000 steps or just jumping on Bus No. 22, which incidentally does not operate on Shabbat.

Nahal Siah

Starting Point: Lotus Street

End: Brosh Street, Sde Eliyahu Cemetery

Length: 2 km

Time: Up to 2 hours

Nahal Siah gets its name in Hebrew and Arabic from the hikers who frequent it; in both languages, it is derived from words meaning "tour" or "hike."

The walk begins at **Lotus Street (1)**, near Herzl School. Descend to the right near the black marking, first on the asphalt road and then down the stairs, into the heart of the gully. In the upper part of the valley we can spot protrusions of chalky rock and an axis. Birch trees are found at the valley's northern turning point (southern bank), while the southern turning point (north bank), which is exposed to the sun, has thorny shrubs typical of the Carmel. In winter, there are flowers like the anemone (calanit), cyclamen (rakefet), asphodel (irit) and salep (sahlav). The trail continues through forest, where we can spot tangled climbing plants and aromatic herbs. After about 600 meters we reach Nahal Siah's southern branch. At the intersection, we see the remnants of an **old lime pit (2)**, a round hole in the ground encircled by rocks in which stone was burned to turn it into the lime used to line water wells and prevent seepage. When the pit was active, a dome-shaped stone building over it contained rocks due to be burned. Inflammable material was inserted into the pit itself through a special aperture. The fire burned for 3-6 days, depending on the size of the pit; when the dome began emitting steam it was time to put out the fire. Several days later the final product, burned lime, was removed from the pit.

Another 200-odd meters down the gully leads to a small orchard of pomegranate and fig and a lovely spring, hidden by an avenue of **cypress trees (3)**. The spring's waters accumulate in a pool. The spring has been given many names - once called Ma'ayan Eliyahu (Elijah's Spring), it's now called Ma'ayan Farag, the Spring of the Salvation. Tradition has it that the Prophet Elijah drank from its waters, and that everyone partaking of them recovers completely. Not surprisingly, the spring has become a pilgrimage destination for members of the Chabad Hasidic movement. A word of caution: Despite the reputed medicinal powers, it's unwise to drink its waters (or those of any other of the gully's springs).

Opposite the spring, on the northern bank, we spot Ma'arat Komotayim (the Two-Story Cave),

where monks living on the Carmel went for solitude. It's a natural cave that was expanded by quarrying, with an entrance that is closed with a door. It is also known as Ma'arat Hasusim, the Horses Cave, due to the stalls on its first floor. Remnants of a church and monastery built here during the Crusader period are still visible. Beyond the church, there's a modern chapel building. The nearby fence surrounds the Carmelite church. Go up the stairs on the left for a view from above of the church, built of local white chalkstone.

Monks were already living in the cave during the Byzantine period, when Catholic and Carmelite holy men secluded themselves in it. Nahal Siah was popular with monks due to the belief that the Prophet Elijah lived in the area. The church at the site was built in the 13th century. According to one version, in 1238, before the fall of the Crusader kingdom, the Carmelites left the Holy Land after Muslims massacred their monks. The name of the wadi, Valley of the Tortured Martyrs, commemorates the massacre.

In his book "Haifa, Life in Modern Palestine 1882-85," 19th century British historian and Haifan Lawrence Oliphant wrote: "But the day came when the monks' solitude and quiet was hastily ended. In 1238 Muslim armies suddenly fell upon them, slaughtered them all without leaving anyone to tell the terrible story. There are no written testimonies of the real number of victims of that attack, but there's no doubt that there were very numerous."

Continuing to descend, we come to the **pool that fills with water from a pipe (4)** - the Ein Siah spring, which provided water for Central Carmel neighborhoods in the 1930s. Above us is a slope dotted in red and yellow: euphorbia dendroides (halabolbei hasiah), a rare plant found in Israel only on the western Carmel. Another few steps along the trail there's a long staircase (300 steps) leading to the village of Kababir.

We reach an orchard with stone fences and concrete flowerbeds, with open canals between them spilling into **small pools (5)**. It's the bustan of Aziz Khat, a member of a Christian family that was among Haifa's wealthiest during the British Mandate years. It was built as a holiday site, with a club, cafe and three swimming pools. The Haifa Municipality and Keren Kayemet recently completed a program to develop and rehabilitate the valley and stream.

Stella Maris, the Best of

Starting point: Stella Maris

End: Bat Galim Promenade

Length: 4 km

Duration: Up to 2 hours

The trail begins alongside the **Navy Building (1)**, opposite the Carmelite church and monastery, in the midst of carob trees and natural foliage. Several paths lead to a small domed building -- a chapel to the holy family which originally served as a **windmill (2)**. From several terraces next to the chapel and above it, there's a wonderful view of the sea and Haifa's neighborhoods.

This is the best place to consider a passage from Jeremiah: "...and Carmel by the sea, it shall come about" (46.18). The northwestern summit of Mt. Carmel descending towards the sea, whose western end is the most prominent on the Israeli coastline with only a small strip separating it and the sea. From here, the sea can be viewed from three directions - west, north and east. The Bat Galim neighborhood and the medical school building come into view, as well as Surfers and Shikmona beaches, the Maritime Institute, Tel Shikmona, the Shprinzak neighborhood, Sha'ar Ha'aliya and Neve David.

From the chapel, descend on a pathway that winds down the mountain towards **Elijah's Cave (3)**, passing an ancient water well. According to tradition, the cave was where the Prophet hid from the wrath of King Ahab. The cave is holy to all religions and communities - even today, it's visited by Jews, Muslims, Christians and Druse, and has become a symbol of coexistence. Christians believe Jesus and his family hid in it from King Herod.

Under the British Mandate, the place was the property of the Muslim wakf, Wakf al-Qadr (Green). After Israeli independence, the cave has been under the care of the government body responsible for holy places. Very few historical sources actually connect the place with Elijah; identification of the place is based on very old traditions about the prophet of rage's penchant for solitude and living in caves. A more likely version is that Elijah lived in other caves, closer to the sea, as noted in the writings of Rabbi Binyamin of Tudela, a Spanish traveler who visited the area in the 12th century.

Various sources indicate that a synagogue was located on the spot in the past. The cave has been a destination for pilgrims at all times, day and night including the Sabbath and holidays. Many people congregated at the cave and nearby rooms.

In addition to pilgrimages to the cave, mass visits took place on two dates: The first day after the Sabbath folk tradition connects with Elijah as the prophet of redemption, and the Lag Ba'Omer holiday. The custom was traveling to Meron on the night of Lag Ba'Omer and to Elijah's Cave in



the daytime.

From Elijah's Cave we head towards the sea, for which we must cross the highway and the Allenby interchange and descend on stairs to Surfers Beach (4), the only beach in Israel facing north. Bat Galim (5), north of the route, was built in the 1920s as a garden suburb outside the city. Many of Bat Galim's original houses from the 1920s and 30s still remain, some in the International Style (Bauhaus) still stand out among their neighbors.

Lower Haifa

Starting point: Memorial Garden, Hadar

End: Haifa East railway station

Length: 3 km

Time: Up to 2 hours

The first stop is the observation point in **Gan Hazikaron (Memorial Garden) (1)**. Two hundred years ago Haifa was a small village on the level stretch of land on the foot of Mt. Carmel, around today's Lower City. After conquering it, Dahar al-Omar decided to build a new city, surrounded by a wall with two gates -- Jaffa Gate, on the west, Akko Gate to the east. Above the city, exactly on the spot where we now stand, Dahar built

The Haifa Trail

The Haifa Trail is a very long (70 km) route for hiking and cycling constituting 21 sports and hiking routes through the city. Each segment is a tour in its own right, but all combine into a kind of circular urban trek exposing those who take it to Haifa's many attractions and views -- the city's unique architecture and structure, and opportunity to visit its museums, cultural and religious institutions and experience how nature blends into an urban setting. One special way to experience the diversity of the city's population is spending the night as a guest in private homes of residents along the route, adding an extra dimension to the Haifa touring experience.

the al-Burej fortress, overlooking the city and its port. At the time, Haifa Port was secondary to the port in Akko, operating mainly in winter, when ships anchored in it were protected from storms by Mt. Carmel. Haifa's status as a port and commercial city continued to expand until the



19th century, when it supplanted old Akko as the northern part of the country's principal port. It's possible to descend directly from the vantage point to the Lower City or to get off at the nearby Solel Boneh station of the Carmelit, Haifa's underground, directly to **Paris Square (2)**, called Wagons Square in Turkish times due to its status as the central station for carriages. The square was outside the walls, near the western gate, from which carriages traveled to Jaffa and Jerusalem or crossed the city to the eastern gate en route to Akko and the Galilee.

Haifa city grew in the 19th century, the gates were destroyed, new houses were built and "the city between the walls" was swallowed up by the expanding city. Until Israel's War of Independence, the square and its vicinity constituted Haifa's Christian quarter, also known as the quarter of churches. The Carmelite Order's Church of Elijah the Prophet, which no longer serves as a church, is located on the square. The Maronite church south of the square, with its polished round dome, is still used for prayers but not open to the public. Both churches were built outside the walls. Two other churches - the Greek Orthodox and Greek Catholic - are located inside what was once the walled area.

When the Carmelit began operating in 1959, the square was renamed Paris Square in recognition of the French team that built the underground railway.

From that point we continue on foot to 10 Palyam Boulevard, where the **House of Grace church (3)**, of the Greek Catholics, Haifa's largest Christian community, is located. It was built in 1862 under a special permit from the sultan. Some people contend that construction took place "overnight," before a permit was granted, to prevent it from being leveled by the Ottoman authorities. The church was built with stones taken from the al-Burej fortress, which by then had already been abandoned. After many years of dereliction, the building was restored by Kamil Shehadeh, a member of one of the Haifa Christian community's most important families. He established the House of Grace, a rehabilitation center for ex-convicts and a shelter for women in need.

During Turkish rule the **al-Jarina Mosque (4)**, not far away, was Haifa's most important mosque. It's located alongside the road that divides the city between east and west. On its tower there was a clock -- the country's first clock tower, built before similar ones in Jerusalem and Jaffa -- indicating local Haifa time on one side and

European time on the other. Under Turkish rule, Haifa's main market operated next to the mosque. The area was the center of the city's commercial life until the 1930s.

At the corner of Palyam and Kibbutz Galuyot streets **al-Istiqlal (5)**, built in 1926, is Haifa's most active mosque. It houses Muslim religious court institutions serving Haifa and the surrounding region, and stands next to an old Muslim cemetery. The most famous guest to pray in al-Istiqlal was Anwar al-Sadat, the late Egyptian president, on his 1979 visit to Haifa.

The King Faisal Monument (6) is named for the king of Iraq who visited Paris in 1933 and died there. His body was returned for burial via Haifa Port, from where it was taken to Syria on the Hejaz Railway, then on to Baghdad. A monument honoring him was erected in Haifa, shaped like a broken column and bearing an Arabic inscription: "In memory of the transfer of his majesty, the great decedent of the Arabs, King Faisal the First," and a statement attributed to Faisal himself: "Independence is taken, not given - the people's liberty is in its hands."

The last stop is the Haifa East **rail station (7)**. The Hejaz Railway was one of the largest and most important of the Ottoman dynasty's projects during its last years. It was designed to improve the access to Mecca and Medina of Muslim of pilgrims from all over the empire, as well as the movement of merchandise and military forces. Haifa was the westernmost station on the line and its access to the Mediterranean.

Outside the station along the road (once called Hejaz Street, today Golani Brigade Road) large warehouses, commercial area and stores were built. A monument that still stands in the train station's courtyard commemorates completion of the line to Haifa. The Hejaz line brought accelerated development to Haifa. Population increased, and the city enjoyed unprecedented prosperity. The Railway Museum now occupies one of the station's buildings. It includes an interesting collection of documents, photographs and different instruments connected to the history of railroads in Israel. A nearby shed contains steam engines and rail cars depicting development of the rail system from the late 19th century until current times.

Made in Germany

Starting point: Hagefen Street

End: Templar Cemetery

Length: 1.8 km

Time: About 2 hours

In 1868 two German families reached Haifa,

then still a small and drowsy township. Members of the Templers, a Christian sect that believed it was necessary to settle in the Holy Land to facilitate the return of the Messiah, they chose to settle near Haifa. The coreligionists who followed established the German Colony, which was in fact the country's first planned agricultural settlement. The farming settlement quickly morphed into a bustling urban neighborhood and a cornerstone of Haifa's eventual transformation into a city. With its distinctive stone houses and tiled roofs, the German Colony preserves the pleasant character of those early days.

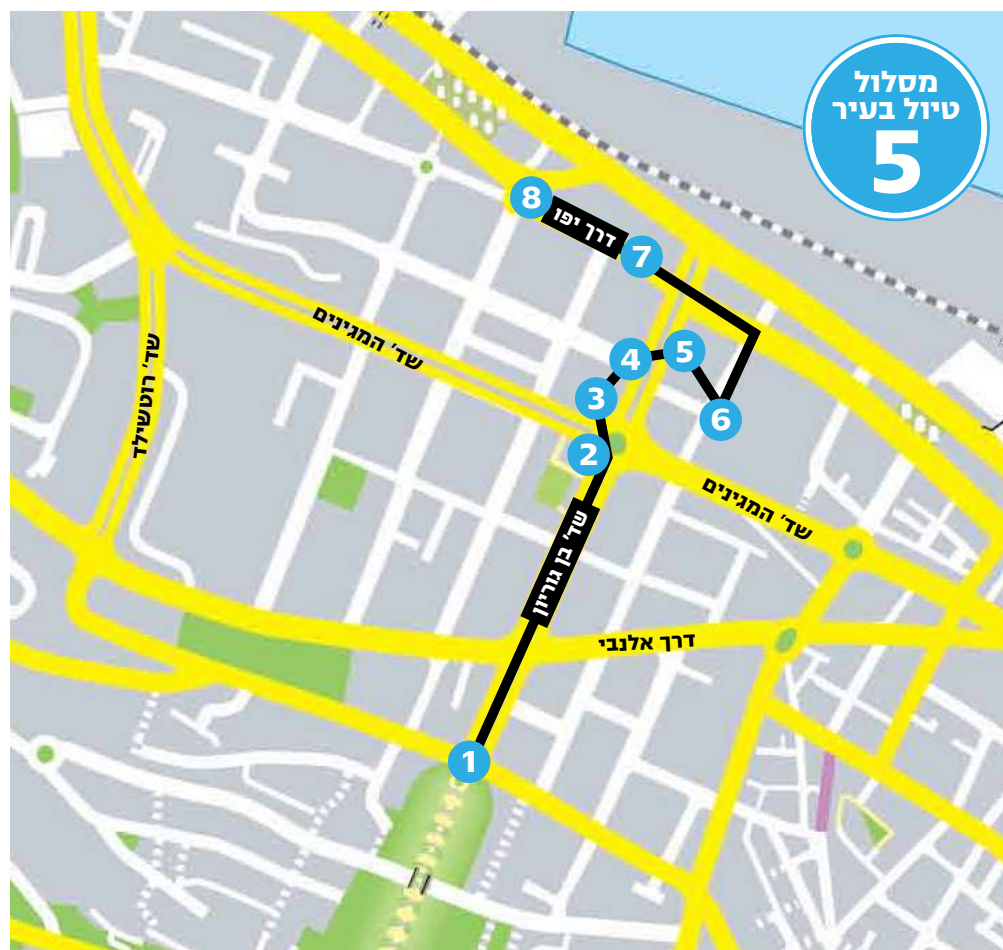
Our tour will concentrate on the Colony's main street and its vicinity. We descend from the square on **Hagefen Street (1)** with the Baha'i Gardens at our back and Beit Dagon and the port before us.

The style of construction is what gives the German Colony its unique character. Look at a typical residential building, **24 Ben-Gurion Boulevard (2)**. The Templers brought innovations in construction with them from Germany, creating a local style that adapted European traditions of building to the country. Residential buildings occupy two floors - the first contains the kitchen and living room, with bedrooms on the upper floor. The roof was generally covered with imported tiles, and the cellar was used to store food and water collected in cisterns on the roof. Walls were made of well-chiseled local stone, protecting those living in the house from the heat of summer and winter's rain. Wood-burning stoves provided heating; the chimneys are still seen on the tiled roofs. Almost every yard contained a well and a pump, assuring a reliable supply of water for household and farm use.

Beit Oliphant (3), at 16 Ben-Gurion, is also worthy of mention. British Sir Laurence Oliphant lived in Haifa between 1852 and 1885. In the front of the house, over the original opening that was later closed, an inscription in German was been chiseled in the stone: "Blessed be those who obey the commandments and do what is right in the eyes of God." Higher up is another inscription: "Oliphant House."

Oliphant, a diplomat, journalist and member of Parliament, was active in the Hovevei Zion organization, which aided the immigration of Jews from Romania to Eretz Yisrael and settled them in Zihron Yaakov and Rosh Pina. His secretary, Naftali Hertz Inbar, is best known as the composer of "Hatikva." Oliphant died and was buried in England in 1888, but his wife Alice is buried in the Jaffa Road cemetery.

Nearby is **Beit Shumacher (4)**, at 12 Ben-Gurion.



Jacob Schumacher, an engineer who designed the Colony, was head of the community's governing committee and deputy U.S. consul in the city. His son, Gottlieb Schumacher, another engineer and architect, participated in the planning of the tracks of the Hejaz Railway, but is best known as an archaeologist and cartographer and one of the first important researchers of Eretz Yisrael. The younger Schumacher surveyed and mapped eastern TransJordan and the Golan Heights and wrote books about it, and participated in archaeological excavations of Megiddo and the Ta'anah Region.

Just across the way, at 11 Ben-Gurion, is the renovated **Beit Ha'em (5)**. Beit Ha'em was one of the Colony's first buildings, serving as a house of prayer and community center. There's a small bell tower, and over an opening in the northern wall an inscription in German: "If I forget thee O Jerusalem..." As the Colony grew, the eastern wing was added to the building, of whose entrance there is another inscription: "Till here, the Lord has helped us." The colony's school, today a museum of Haifa's history, was in Beit Ha'em's backyard.

Turn onto Orian Street and from it to 5 Meir Rutenberg to the Hardegg Institute. Georg David

Hardegg, the German Colony's founder, built the building in 1870 to house an agricultural school. The building's use changed several times over the years, from a vocational school to a hospital under the aegis of the German Catholic church. Turning left (east) to the **Soap Factory (7)** at 100 Jaffa Road, where soap was manufactured from olive oil.

Continuing along Jaffa Road, we reach the **cemetery (8)** at No. 150. The cemetery, established in 1875-76, is meticulously maintained by descendants of the founders, who now live in Germany and Australia. It is the resting place for the founding generation and the first generation of their descendants, including well-known personalities like Jacob and Gottlieb Schumacher, German consul Friedrich Keller and others. The most famous grave of all is of Mrs. Alice Oliphant, located on the boundary between the Templer and British cemeteries. In the British cemetery, where all markers are identical, soldiers who served under General Allenby in the conquest of Haifa during WWI are buried. Several graves of Jewish soldiers have the Star of David on their tombstones. The tour has been completed.



Shopping

Shopping centers with a rich assortment of shops, cafes and restaurants, plus colorful, lively markets. Let's go shopping!

Shopping areas

Grand Canyon

Fashion, shopping, entertainment and leisure center opened in 1999. Over 220 shops on three levels selling clothing, shoes, accessories, optics, jewelry, food, leisure, electric appliances, computers and more. Part of the Ofer group. Located in the center of Haifa. Art and food fairs on Thursdays and Fridays, where you can pick up crafts, decorate items, delicacies. Occasional creative workshops, story hours and more.

📍 Simha Golan Road, Neve Sha'anana. Tel: 04-812-1111. Sunday-Thursday 10 a.m.-10 p.m., Friday 9.30 a.m.-2.30 p.m., half an hour after end of Shabbat to 10.30 p.m.

Horev Center

The Horev Center mall, located in the middle of the Ahuza neighborhood, is a shopping and entertainment center for residents of Ahuza and nearby neighborhoods and is considered a preferred venue for leisure-time activity. The center, one of Haifa's oldest, has dozens of shops, cinemas, cafes, restaurants and a medical center.

📍 15 Horev, Tel: 04-824-6164. Sunday-Thursday 9 a.m.-19 p.m., Friday 9 a.m.-2 p.m., Saturday 7-10 p.m.

Panorama Center

High on the Carmel opposite Gan Ha'em, the Panorama Center is a boutique mall with exclusive fashion houses and unique cafes. Built as a complex that includes the Dan Panorama Hotel and a prestigious residential building.

📍 109 Hanasi Boulevard, Tel: 04-837-5011. Sunday-Thursday 10 a.m.-10 p.m., Friday 10 a.m.-4 p.m., end of Shabbat until 10 p.m.

City Center Outlet

A brands outlet center located in a German Colony Templar-style building. The center contains outlet shops of leading brands, cafes and restaurants.

📍 6 Ben-Gurion Boulevard, Haifa. Tel: 04-853-0111. Sunday-Thursday 9.30 a.m.-9.30 p.m., Friday 9.30 a.m.-2 p.m., Saturday 11 a.m.-9 p.m.

Cinemall

The Cinemall shopping center, previously called Lev Hamifratz, is located at a central junction and is accessible to residents of Haifa and the surrounding area. There's a play area for children, a variety of clothing



Flea Market



Wadi Nisnas Market



and footwear shops, restaurants, cafes and the new Yes Planet cinema with 23 screening halls. There are performances and events for the entire family in the center.

📍 55 Hahistadrut Boulevard, Lev Hamifratz Junction. Tel: 04-841-6090. Sunday-Thursday 9 a.m.-9.30 p.m., Friday 9.30 a.m.-2.30 p.m., Saturday hour after end of Shabbat to 10.30 p.m. cinemall.co.il

Haifa Mall (Kanion Haifa)

The location at the southern approach to the city of Haifa Mall, part of the Azrieli Group, makes it especially accessible and attractive. Hundreds of fashion,

optical, shoes, toy and computer shops, restaurants, coffee shops and more, plus entertainment and a variety of attractions for the entire family.

📍 4 Moshe Fliman Road. Tel: 04-855-0340. Sunday-Thursday 10 a.m.-10 p.m., Friday 9 a.m.-3 p.m., half hour after end of Shabbat till 10.30 p.m. haifa.azrieli.com

Auditorium Square Mall

A shopping center in Central Carmel, adjacent to the Haifa Auditorium. It has fashion shops and cafes.

📍 134 Hanasi. Tel: 04-810-3981. Sunday-Thursday and Saturday 9 a.m.-9 p.m., Friday 9 a.m.-2 p.m.



Grand Canyon

Castra

The Castra Center combines art, entertainment and commerce. Visitors can stroll along Prof. Arik Brauer's work, the world's largest wall mural of its kind illustrating stories from the Bible. There's also an antiquities museum, a doll museum, art galleries, fashion, jewelry, accessories, design, cafes, restaurants and workshops. At the southern approach to Haifa on the site of ancient Castra, a bustling commercial center in Byzantine times.

📍 8 Moshe Fliman Road. Tel: 04-859--0001. Sunday-Thursday 10 a.m.-10 p.m., Friday 10 a.m.-3 p.m., Saturday 8.30-11 p.m. castra.co.il

Markets

Talpiot Market (Shuk)

The colorful market is spread out along Sirkin Street. Its stands offer a large selection of products, including those offering vegetables, fruit, herbs and spices, bakeries and liquor stores, fish, meat, olives and pickles and more.

📍 Hehalutz Street. Sunday, Monday, Wednesday and Thursday 7 a.m.-7 p.m. Friday 7 a.m.-4 p.m.

Wadi Nisnas Market (Shuk)

A small market, full of color, aroma and activity, operates in the heart of the Wadi Nisnas neighborhood. The veteran market, a symbol of Haifa's tradition of Jewish-Arab coexistence, is a dream for any cook or foodie, offering an array of ingredients that are always fresh and seasonal. Abundant bakeries, places where coffee is ground, stands selling fruit and vegetables, meat and fish, falafel stands and restaurants specializing in Arab cuisine.

📍 Hawadi and Yohanan Hakadosh streets. Daily. Some merchants close on Sundays.

Flea Market (Shuk Hapishpishim)

The flea market in Haifa's Lower City is located on and around Kibbutz Galuyot Street. Until recently it was known as a market for decorative items aimed at lovers of vintage and collectors, but a subsequent face-lift has attracted the general public. Almost everything can be found, some items hidden under layers of dust. Weekdays the market is drowsy



Outdoor children's show | Photo: Itamar Grinberg

and quiet, operating only till noontime; it comes to vibrant, humming life on Saturdays and Sundays. You can find used furniture, art works, old dishes and lots more.

📍 Kibbutz Galuyot Street. Daily around noon, Saturday and Sunday from 8 a.m.

Turkish Market (Shuk HaTurki)

The Turkish market, in operation since in the 1930s, is located on Nahum Dobrin Street. With the stagnation of the Lower City and the Port area over the years, the market withered and was closed. But in recent years the Municipality has breathed new life into the market, and new stalls began to sprout up in the Ottoman buildings. The area now has arts and crafts shops, a boutique hotel and residences. From time to time there are cultural events, with new initiatives expected in the future.

📍 Nahum Dobrin Street. Variable hours Sunday-Friday. Artists' stands 10 a.m.-3 p.m. Friday.

Books

Mishar Hasefer

Mishar Hasefer is Haifa's most captivating bookstore, an alternative to the big bookselling chains. You can find new and

used books, textbooks and attractively-priced bargains. Loyal customers come from all over Israel. Understand that order isn't the shop's strong point, which is also part of the charm.

📍 31 Hehalutz. Tel: 04-862-8540. Sunday, Monday, Wednesday and Thursday 7.30 a.m.-1 p.m., 3.30-6 p.m., Tuesday and Friday 7.30 a.m.-1 p.m.

Lia Sfarim (Lia Books)

Another bookstore that has no connection to the big chains, with a rich collection in four languages: Hebrew, English, French and German. Books for rent and sale, special books on order.

📍 5 Kiryat Sefer. Tel: 04-825-5467. Sunday, Monday and Thursday 9 a.m.-1 p.m., 4-6 p.m., Tuesday and Friday 9 a.m.-1 p.m. Wednesday 9 a.m.-1 p.m., 2.30-5.30 p.m.

Music

The Third Ear

Like Tel Aviv's Third Ear, the Haifa branch offers discs, records, books, DVDs and more.

📍 13 Moria Boulevard. Tel: 04-836-0219. Sunday-Thursday 10 a.m.-11 p.m., Friday 10 a.m.-4 p.m., Saturday 8-11.30 p.m. third-ear.com



Nightlife

When darkness falls, Haifa's very special nightlife scene makes its appearance. Trendy bars and exactly the best places to go to in the small hours after midnight



The Lower City

Dobrin 7

Students and young people are drawn to this resto-pub, located in the lovely Turkish Market complex. Usually open into the small hours. Menu includes seafood, meat, tapas and dairy.

📍 Nahum Dobrin 7. Tel: 050-656-0160. Daily noon until last customer.

Haogen (the Anchor)

The British were still here when Haogen, Haifa's oldest pub, opened in 1942. As manager Gil, the son of the founders, has succeeded in preserving the authentic atmosphere. As the Lower City returns to life, Haogen maintains its prominent position on the nightlife scene without losing its special character. Check the memorabilia and pictures on the walls. Incidentally, they also serve breakfast and lunch.

📍 3 Palmer Gate. Tel: 04-864-5108. Daily 7 a.m.-2 a.m.

Hasandak (the Godfather)

Another Haifa veteran, also located in the Lower City, near the Port; you can watch passing trains from its windows. The menu includes meats, fish, seafood and all other respectable companions for fine alcoholic beverages. Ask the owners to drink Hennessy (the Cognac is the house drink) and to taste the sausages hanging alongside the bar.

📍 1 Palmer Gate, corner Kdoshei Baghdad. Tel: 04-867-1888. Sunday-Thursday noon-2 a.m., Friday noon-start of Shabbat, Saturday night till 2 a.m.

LiBira

A pub that also brews its own beer – 50 kinds of brew, from light to dark with a chocolate-coffee finish. From the food menu, the hamburger, pickled matias and beef carpaccio are recommended.

📍 21 Hane'emanim. Tel: 052-228-4840. Daily 7 p.m.-2 a.m. New 26 Hanamal, reserve in advance.

Kalman's

Kalman's is hidden away behind a big wooden door, and you have to ring to be admitted. Though Kalman is no longer young, there is no better host – a real whiskey expert and a fantastic cook. His signature dish: smoked goose breast in garlic butter and red wine.

📍 Hanamal 3. Tel: 04-862-0525. Sunday-Thursday 6 p.m.-1.30 a.m., Friday 6 p.m. to the last customer.

Iza Bar

New pub-bar in the Lower City, with a broad selection of special beers. Accessible for parties,

young people, live performances and DJs.

📍 1 Moshe Aharon. Tel: 052-740-4043. Daily from 7 p.m.

Rodeo

A veteran pub, founded in 1977. Rodeo serves a captivating selection of beers, mostly German, Czech and English. You won't be indifferent about the East European food. Home to the Haifa Russian community. Occasional musical performances.

📍 23 Balfour. Tel: 04-867-8369. Sunday-Saturday 8 p.m.-2 a.m.

After Dark

Traditional pub food at prices anyone can afford, which has established itself as a genuine sports bar. Place's pride are the smoked fish and meats, but the menu, including slowly-pour beer, is also worth a try.

📍 30 Yafo. Tel: 077-234-7833. Sunday-Thursday noon-2 a.m., Friday 7 p.m.-3 a.m., Saturday 7 p.m.-2 a.m.

Kabreet

Lovely pub located in an Ottoman building which has been restored with good taste. Excellent musical choices, a unique atmosphere, food prepared with all the heart. Go for the local take on the BLT with avocado.

📍 40 Hameginim. Tel: 04-823-9448 Monday-Wednesday 7 p.m.-3 a.m., Thursday 7 p.m.-5 a.m., Friday 8 p.m.-5 a.m., Saturday 8 p.m.-4 a.m.

Pint

The beer poured here is among the best in the city, always frosty and fresh. The young atmosphere and light food keep company with the beer without tripping it up. Take one of the house pizzas, drink half a liter, put your head back and remember how good life can be.

📍 5 Kehillat Saloniki. Tel: 053-285-1167. Daily 7 p.m. to last customer.

Harusty

The Pint's younger sibling. A more intimate place with jazz, blues and soul music, and an atmosphere not found elsewhere in the Lower City. Eight taps for beer and cuisine based on bacon and cheese. Bacon pizza and bacon focaccia highly recommended.

📍 7 Kehillat Saloniki. Tel: 053-285-1167. Daily 7 p.m. to last customer.

Mars Bar

A small pub where you can sit at the bar, order a beverage and nibble on a plate of fish, sausages or cheeses. The limited menu does nothing but good for the place's quality. There's changing DJ on Wednesday and on Saturdays Tom and Noga

arrive with their amazing food stand, plus an auction of clothes and fashion accessories.

📍 35 Hanamal. Tel: 054-537-1757. Monday-Wednesday 7 p.m.-3 a.m., Saturday 2 p.m.-3 a.m.

The Scene

A place to come, to drink, to dance and to be seen. Trendy music, parties and DJs

📍 37 Hameginim. No phone. Weekends till the party's over.

Galeriat Habordel (temporary name)

One of the hottest places on the Haifa nightlife scene in combination with a gallery that holds changing exhibitions from the best and boldest artists in Israel. Try one of the cocktails and the vegan melawah.

📍 51 Hanamal. Tel: 052-545-4178. Thursday-Friday, 9 p.m. until the last partier.

Ma'ayan Habira

A great deal's been written about this place. We won't add a thing except costitza! chopped liver! Dumplings!

📍 4 Natanson. Tel: 04-862-3193. Monday-Wednesday-Friday 10 a.m.-p.m., Tuesday 10 a.m.-11 p.m., Thursday 10 a.m.-10 p.m.

Plaster

The place has performances, the strongest Haifa DJs, and once a month Plasterock, a karaoke event for the local underground.

📍 2 Palmer Gate. Tel: 04-634-0799. Tuesday-Wednesday 8.30 p.m.-2 a.m., Thursday-Friday 9 p.m.-3 a.m., Saturday 8.30 p.m.-2 a.m.

Urban Street Bar

An intoxicating selection of beverages, and with it all a successful menu that gives it a fight with the corrupting Street Burger and the improvised desserts of Nimrod ben Joya, who's been several of the Lower City's latest fooderies.

📍 16 Natanson. Tel: 052-444-0456. Sunday-Wednesday 6 p.m.-6 a.m., Thursday-Friday 11 p.m.-6 a.m., Saturday 11 p.m.-3 a.m.

Beit Galeria

Shimon Cohen's gallery moved to a place that's more intimate but no less lovely. The collection of Shimon's paintings decorate the house, and from time to time there are changing exhibitions. Performances, plays and evenings devoted to a special subject every weekend. On Shabbat, you can eat traditional hamin (aka cholent), which is Shimon's proud handiwork.

📍 92 Ha'atzmaut. Tel: 052-376-9611. Open mostly on weekends. Checking updates on Facebook recommended.

Vesper Cocktail Bar

Michael Nudel from Dobrin 7 took up the challenge and opened a bar that's dedicated in its entirety to sophisticated cocktails. The bar is located near Dobrin 7 and entry is through it via the black curtain. It's also possible to sit in Dobrin 7 itself, order from both menus simultaneously, and enjoy both worlds.

📍 9 Nahum Dobrin. Tel: 052-527-7275. Daily 9 p.m. to last customer.

Carmel**Alterman**

Design is an important part of the Alterman experience. A glass wall provides a stunning view, giving the impression that the whole place is hanging in midair. The menu features dishes from the Italian, American and Spanish kitchens, together with the usual pub food. You can also enjoy gourmet meals created by the chef who's one of the partners.

📍 115 Yefe Nof. Tel: 053-809-3699. Sunday-Wednesday 7 p.m.-2 a.m., Thursday-Saturday 7 p.m.-3.30 a.m.

Brown

Brown, on the Carmel, is a large and busy neighborhood resto-bar offering its guests fine food, an atmosphere of revelry and plenty of alcohol. Meticulous and aesthetic design, lots of wood furniture. The menu is diverse, the music no less so, including 80s, Israeli music, quality and light rock and more.

📍 131 Moria Boulevard. Tel: 04-811-2391. Daily 6 p.m.-6 a.m.
brown-bar.com

Barbarosa

A veteran Haifa institution in an updated, contemporary and light formula. We recommend the little kebabs (kebabonim) for carnivores, the chestnut gnocchi for vegetarians. The seafood, a specialty of the house, is very worthwhile as well.

📍 105 Moria Boulevard. Tel: 04-811-4010. Daily 6.30 p.m. to the last customer.

The Duke Pub

Decor is in the finest Irish tradition, with an elegant bar that offers a large selection of whiskey, cocktails, wines and other beverages. There's an interesting menu as well, plus sports events on the screen and a Happy Hour to bring joy to the soul.

📍 107 Moria. Tel: 04-834-7282. Daily noon to last customer.

The Lobby

The Lobby is a large dance club with a party schedule and the best DJs. There's a big dance floor, a bar for drinks and corners for seating all

around. Parties for age 27 and over on Thursdays, 24 and above on Fridays.

📍 1 Hamahlef corner 33 Hahistadrut. 054-687-3343.

Hamakolet (The Grocery)

On what's left of an old neighborhood grocery on Kadima Street, a local pub that's sparkling, crowded and smoky with a fun and intimate atmosphere. The most fun: standing outside with a glass of cava or beer and feeling like you're in London, where there's a neighborhood pub every two meters or so.

📍 1 Kadima. Tel: 04-836-2659. Sunday-Saturday 7 p.m.-3 a.m.

The Slick

An innovative bar offering an alternative atmosphere in a unique location. The Slick's leisure experience takes in good music, a rich menu featuring meats, seafood and classic bar food, plus a beverage menu with 14 kinds of beer, 56 brands of whiskey and 12 of Cognac. European-style revelry.

📍 124 Hanasi Boulevard. Tel: 053-809-4862. Daily 7 p.m. to the last customer.

Junta

A pub that's located on the Technion grounds, because students also have the right to sip a few after a long over the books. There are also hamburgers, stir-fries and salads and the fairest vegan options.

📍 Beit Hastudent, Technion. Tel: 04-690-3060. Sunday-Thursday noon to last customer, Friday-Saturday 9 a.m. to last customer.

Loft 124

A young and popular dance bar operating in Central Carmel since 2009. Parties and events, diverse alcoholic beverage menu. Parties for students on Thursdays, for 27 up on Fridays.

📍 124 Hanasi. Tel: 04-810-2124. loft24.co.il

Morrison

Morrison, a bar and dance bar in the Central Carmel, has been around for more than decade. Two well-designed bar complexes and one of the world's most advanced sound systems. It's a concept bar where every evening dedicated to something different. Because it appeals to varying clienteles, a glance at its website is highly recommended.

📍 115 Yefe Nof. Tel: 04-838-3828. morrison-bar.com

Pundak Hadov (The Bear Inn)

English-style pub since 1990. Large selection of fine whiskey and a rich meat and dairy menu,

including sausages and steaks, sandwiches, pastas, salads and snack foods. The pub has an outdoor terrace and a sports bar for watching the latest games.

📍 135 Hanasi Boulevard.

Frangelico

A chef's and sushi chain that combines cuisine and revelry in an atmosphere that turns you on. The rich bar offers draft beer, whiskey and cocktails, alongside a varied and especially tasty menu.

📍 132 Moria and Cinemall/Lev Hamifratz, 55 Hahistadrut. Sunday-Saturday noon to last customer.

Grand Canyon, 22 Simha Golan Road, Haifa. Sunday-Thursday 11.30 a.m.-9.45 p.m., Friday and holiday eve 11 a.m.-2.30 p.m., Saturday night until 10.30. Tel: *9092

Tzafririm 1

Elegant resto-bar near the entrance to the Carmelia neighborhood, with a clubby and bubbling atmosphere. Eclectic cuisine.

📍 1 Tzafririm, Carmelia. Tel: 04-811-2235. Daily noon-3 a.m.

Sha'an'an Bar Rehov (Street Bar)

A cute student kind of bar in the Ziv Center. They come here to listen to the right music and see the right people. Every Tuesday and sometimes also on Shabbat evenings, the bar hosts singers and groups in live performances.

📍 3 Shalom Aleichem, Neve Sha'an'an. Tel: 077-702-0031. 7 p.m.-3 a.m.

Sasson Bar

A food bar in the Ahuza neighborhood, belonging to the entrepreneur-restaurateurs behind Sinta Bar. With contemporary music, a young atmosphere and chef's cuisine, topped by an extensive list of alcoholic beverages and cocktails.

📍 10 Horev. Tel: 04-630-6234. Daily noon to last customer. sasson-barbar.co.il

Beer Garden

Tables and wide wooden benches, charming waitresses in traditional Oktoberfest costumes, huge beer mugs and above all, sausages that reinvent the term "culinary orgasm." Top it all off with French fries, gratin and choucroute in winter as well. The music is 80s and 90s, which touches the hearts of the 30-45 set. Service is excellent and attentive.

📍 105 Moria. Tel: 052-352-0220. Sunday 6 p.m.-midnight, Monday-Wednesday 1 p.m.-midnight, Thursday-Friday 1 p.m.-2 a.m., Saturday 1 p.m.-midnight.

Being in the Know

The Haifa Tourist Association: www.visit-haifa.org

The website is full information on hotels, museums, culture, hiking tours and entertainment. Haifa tourist advisers will also help you design a city tour including attractions like the Baha'i Gardens, the German Colony, Haifa museums, transportation, accommodation and anything you need to enjoy a perfect family vacation in Haifa.

48 Ben-Gurion, German Colony. Tel: 04-853-5606, 1-800-305-090 ext. 101. Sunday-Thursday 9 a.m.-5 p.m., Friday 9 a.m.-1 p.m., Saturday 10 a.m.-3 p.m. Haifa Municipality website: Haifa.muni.il

Public Transportation

Metronit

Haifa's Metronit bus system is fast, frequent and on time. Three lines running through the Krayot, Nesher and Tirat Hacarmel.

📍 Line 1 – 24 hours a day, 7 days a week, Line and Line 3.

Information and schedules: Tel: *8787. metrobus.gov.il

Carmelit

The efficient Carmelit subway connects Haifa's three major centers: the Lower City, Hadar and the Carmel center, in an eight-minute ride.

📍 Sunday-Thursday 6 a.m.-midnight, Friday and holiday eves 6 a.m.-3 p.m., Saturday 8 p.m.-midnight. Tel: 04-837-6861, 04-837-2231. carmelit.com

Buses

Information on metropolitan bus routes and schedules: *8787 04-639-4444

Metropolitan information: metrobus.co.il

📍 Information on Egged bus lines: Tel: 1-900-72-1111, *2800, 03-694-8888, egged.co.il

Carmel Tunnels

A drive through the Carmel Tunnels is efficient, convenient and free of traffic congestion. The tunnels connect to the road around the Krayot and via the



Neve Sha'an an interchange to the Grand Canyon, Central Haifa and the Carmel. Enjoyable tour routes for tunnel users.

📍 *5424. carmeltunnels.co.il

Main Parking Lots

Hen Hanaya, 5 Levontin. Paid
Hanevi'im Parking, 2 Khoury, Hadar. Paid

Horev Center Parking, 15 Horev, Ahuza. Paid.

Mehaprim ve Hanionim Parking, 12 Yair Katz, Carmel. Paid.

Allenby Parking, 3 Allenby, Lower City. Paid.

Hameginim Parking, 53 Hameginim, Lower City. Paid

Hanamal Parking. 36 Hanamal, Haifa Port. Paid.

Hotels

Villa Carmel Boutique Hotel

The Villa Carmel Boutique is a European-style hotel located on the lively Moria axis. The 3-story hotel has 15 hospitality units and a fine dairy restaurant, a lovely garden, sun terrace on the roof with Jacuzzi, sauna and elegant spa. Rooms are well-appointed, suites overlook green vistas. Room design is of exceptional quality, each room in the villa is designed in a different and unique style. Price is not low, but the experience is strongly recommended.

📍 1 Heinrich Heine (corner Moria Boulevard). Tel: 04-837-5777/8

Bat Galim Boutique Hotel

12 luxurious and well-equipped boutique rooms in a preserved structure against the background of the seashore in the Bat Galim neighborhood. Two minutes walk

from the beach, suitable for couples.
10 Yonatan. Tel: 04-603-7800. batgalim-boutique-hotel.co.il

Beit Shalom

The hotel is walking distance from the Louis Promenade and Central Carmel. There are 30 guest rooms, bed for child may be added.
110 Hanasi. Tel: 04-837-7481.

Bay Club

The Atlas chain's new boutique hotel in the city's center, overlooking Memorial Park, the Carmel and a view of the bay. The hotel, rated first by the TripAdvisor website for 2014) is housed in a lovely 1912 preserved building whose high ceilings, stone arches and oak wood floors give it a unique look. Surrounded by a garden and an orchard of fruits trees, a lounge with a view. 52 spacious rooms, some of them duplexes, all excellently outfitted.
7 Hasan Shukri. Tel: 03-542-5555, 04-811-9700. atlas.co.il

Art Gallery Haifa

Located in the Hadar neighborhood, which was once heart of the city's business district. In a restored original Bauhaus building, the hotel offers, among other things, 33 double rooms including seven with Jacuzzis, two suites comprised of a bedroom, small room with a seating corner and Jacuzzi.
61 Herzl. Tel: 04-861-6161.

Garden

Garden Hotel is located between the slopes of Mt. Carmel and the sea, in the heart of the Matam Technology Park, the hub of Haifa's high-tech. The hotel is immersed in green and the access to it is easy, making it appropriate for both businesspeople and family vacations. 29 spacious, well-designed and equipped guest rooms, some with sea views, some with a terrace and private garden. There's also a room appropriate for the handicapped. The hotel also has a pampering spa, gourmet restaurant (suitable for special events), an outdoor pool. An indoor pool at the Sportan is a short walk from the hotel.
2 Kdoshei Yasi. Tel: 04-695-0950. gardenhotel.co.il

Dan Carmel

The 227-room Dan Carmel is situated at the summit of Mt. Carmel, a central location of Haifa's activity and entertainment with a view out of a dream: the city of Haifa, Haifa Bay and the Mediterranean. The hotel provides a wide spectrum of activity -- a renovated children's club, kids' computer games, health club, sauna, massage (paid), half-Olympic pool, restaurants and gourmet meals. The Baha'i Gardens, Gan Ha'em, the Environmental Zoo, museums, cinemas, the auditorium, music center, shopping centers, cafes and restaurants are all within walking distance.
85-87 Hanasi. Tel: 04-830-3030

Dan Panorama

Hotel with 263 rooms on its 24 floors. It looks down from the heights on the stunning landscape of the city and Haifa Bay. Swimming pool, modern and sophisticated health club, personal service, gourmet cuisine for sophisticated palates, children and youth club, tourist attractions within walking distance in the Central Carmel: Louis Promenade, Haifa Zoo, the Moria axis and more.
107 Hanasi. Tel: 04-835-2222.

Golden Crown Haifa

Located in the German Colony, an area rich in tourist attractions, restaurants and cafes. View of the Baha'i Gardens on one side, Haifa Port on the other. Proximity to Haifa's business centers makes the hotel attractive to businesspeople, and is a 10-minute walk from the Haifa Central rail station.
155 Jaffa Road (Dereh Yafo). Tel: 04-600-9680. HYPERLINK "mailto:haifa@goldencrown"haifa@goldencrown.co.il

Templers Boutique

In the heart of the German Colony, near the Baha'i Gardens. The Templers Boutique is located in a building dating back to 1872, which was the residence of a founding family of the Colony. Great care was devoted to restoration, earning first prize in a German Colony preservation competition. Pleasant rooms with terrace facing Ben-Gurion Boulevard and the sea. Meals in the Patosh restaurant-cafe on the adjacent pedestrian mall.
36 Ben-Gurion. Tel: 04-629-7777. templers-haifa.co.il.

Louis

Just a kilometer from the Baha'i Gardens, the Louis Hotel offers a range of air-conditioned rooms and studio apartments (including kitchen and refrigerator), free wireless Internet and free parking service. There's a rooftop terrace overlooking the sea and Mt. Carmel, a Carmelit underground station within easy walking distance and beaches five minutes by car from the hotel. It's an ideal place for embarking on tours to Akko, Nahariya or Nazareth.
35 Hehalutz. Tel: 077-542-2909.

La Cappella

The La Cappella Hotel redefines business hospitality. Located in the heart of Israel's Silicon Valley near development centers of some of the world's leading technology companies, it is also near Haifa's centers of sports, commerce and culture, and walking distance from the seafront promenade -- enabling guests to mix business with pleasure. 30 rooms, fitted with advanced technologies, face either the sea or the mountain; duplex suites are also available. The hotel has an advanced exercise room, business lounge and elegant meeting rooms.
Castra Center, 8 Fliman. Tel: 04-888-5440, 052-241-1469. lacappella.co.il

Leonardo Haifa

The Leonardo Hotel is located at the entrance to Haifa, right on the sea (at Hof Hacarmel). It's considered especially attractive due to the amazing view and its proximity to the water line. Spacious rooms are outfitted to 5-star levels. Adjacent to a private beach, the hotel has a pool, spa, club for children in summer, tennis court, health club, coffee shop and more.
10 David Elazar. Tel: 04-850-8888.

Carmella Boutique

The historic building housing the Carmella Boutique Hotel is located in the veteran green heart of the Carmel. Personal hospitality experience in 19 rooms spread over four floors, each with a window facing one side of the city. Meticulous design and top-grade accessories assure that guests will feel completely at home.
130 Hatishbi. Tel: 04-830-2040.

Maris

A new commercial boutique hotel, Maris is located in the heart of the revitalized Lower City on a quiet street with a tranquil, home-like feeling even though it has easy access to the city's industrial and business centers and main transportation arteries. Its 28 meticulously designed rooms, some with sea views, were planned for business guests, adhering to the standard of the world's top business hotels. On the Haifa Port campus, near the German Colony and the Turkish Market, in the midst of a complex of a vibrant center of culture, entertainment and commerce.

📍 **40 Hanamal.** Tel: 072-366-0001
marishaifa.com

Bay View

The hotel, with its 91 guest rooms, is located within walking distance of the Central Carmel – an ideal place to start visits to the Zoo, Gan Ha'em, the Louis Promenade, the Moria axis, and other sites and attractions.

📍 **101 Hanasi.** Tel: 04-835-4311.

Sea Plaza Residence

Located only a few minutes walk from Bat Galim Beach, the Sea Plaza Residence's 35 room have modern design and free Internet access. There's a spa with Jacuzzi and a sun terrace with a great panorama, plus a bar with a porch overlooking the sea. An excellent location for departing on tours of the region – the railway station is 750 meters away, the stunning Baha'i Gardens 3.5 km. distant, the city of Nazareth 50 km. Check-in is at another hotel, just 30 meters away at 6 Bat Galim Boulevard.

📍 **6 Bat Galim Boulevard.** Tel: 04-855-2222. seaplaza.co.il

Eden

Located in a historic 1930 building in the heart of Haifa, the Eden is under family management. Free parking and wireless Internet. Air-condition, well-equipped rooms with lovely views of the Baha'i Gardens and Mt. Carmel. Two minutes walk from the National Science Museum, a kilometer from the Baha'i Gardens, a large shopping center just around the corner, restaurants and cafes nearby.

📍 **8 Shmaryahu Levin.** Tel: 04-866-4816.

Crown Plaza Haifa

The Crowne Plaza Haifa, formerly the Holiday Inn, is situated on the slopes of Mt. Carmel, with a breathtaking view

of Haifa Bay and the Mediterranean. Especially suited to business travelers. Most of the 100 rooms on its 15 floors have a clear-glass wall with a panoramic view of the bay, the port and ships sailing on the blue waters. A business floor on the hotel's top floor has a center providing complete secretarial services and other facilities for businesspeople.

📍 **111 Yefe Nof.** Tel: 04-835-0835.

Colony Hotel Haifa

The Colony Hotel Haifa is located in a historic German Colony structure built in 1905. The building has operated as a hotel until 1978, afterwards serving as a retirement home. Recent renovations preserving much of the original design have turned it into a modern hotel. The hotel, with 40 rooms, is located about half a kilometer from the lower entrance to the Baha'i World Center and Gardens. Many restaurants, cafes and a shopping center nearby. Walking distance from Lower City.

📍 **28 Ben-Gurion.** Tel: 04-851-3344.

Hotel Theodor

The Theodor is a business, tourist and resort hotel on Herzl Street in the Hadar neighborhood, from which it gets its name. It's located in a 23-story tower with a fabulous view of the city -- the Carmel ridge, the Baha'i Gardens and the sea. The hotel takes particular pride in its library of books in many languages and the arts and crafts exhibitions held in it. Central location near centers of shopping, entertainment and business, 90 modern and comfortable guest rooms. The hotel's restaurant serves rich Israeli breakfasts (picnic baskets for your touring can be ordered in advance). Other services include attractive packages for that special event, a laundry, foreign currency exchange and more. Paid parking in the tower's garage.

📍 **63 Herzl.** Tel: 04-867-7111,
theodorhotel.co.il

Hostels and guest houses

Beit Rutenberg Guest House

77 hostel rooms located in two adjacent buildings. Each building has eight rooms (4 beds per room) and shared toilets and showers. Some rooms have porches

with Mediterranean views. The hostel is walking distance from the Baha'i Gardens.

📍 **77 Hanasi.** Tel: 04-838-7958.

HI Haifa Hostel

Hostel is located on the Carmel slopes, with a sea view. An excellent starting-point for tours of Haifa and the North. Three buildings and 95 equipped rooms.

📍 **18 Zvi Ve'yitzhak.** 050-969-7509

Yafo 82 Guest House

The hostel is located a short walk from many of the hottest attractions, including the German Colony. Services include free wireless Internet, concierge and spacious family rooms (each room contains a seating area). There's also a shared kitchen, library and laundry.

📍 **82 Jaffa Road.**

Haddad Guest House

Haddad Guest House is a family hostel established in 2004 providing an answer for families arriving in the city. Eleven lovely rooms overlook Mt. Carmel, the Baha'i Gardens or Haifa Bay.

📍 **26 Ben-Gurion.** Tel: 04-853-9289.
haddadguesthouse.com

Saint Charles

The guest house is located in a unique old Lower City building. Emphasis in design was on preserving the original character with old illustrated floors and high ceilings creating a warm, family feeling. The hostel's history dates back to the 1880s, when German nuns hosted tourists so that it was called the German Guest House. The German nuns were replaced by the Rosary Sisters in 1987, when the name was changed to Saint Charles Guest House.

📍 **105 Jaffa Road.** Tel: 04-855-3705.
saintcharlesguesthouse.wordpress.com

Port Inn (Pundak Hanamal)

A guesthouse for backpackers located in the heart of Haifa's Lower City, walking distance from the port, the German Colony and the Baha'i Gardens offers homey warm hospitality. There are 10 rooms, each with four beds, and three larger rooms each with more beds.

📍 **34 Jaffa Road.** Tel: 04-852-4401.



www.visit-haifa.org **1-800-30-50-90**